

## Curriculum Vitae

### 1. Personal Profile

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<b>Name</b>	<b>Dr. Aasia Maqbool</b>
<b>Designation</b>	Assistant Professor (School of Education and Behavioural Sciences, University of Kashmir, Hazratbal, Srinagar).
<b>Administrative Position</b>	Warden Bi BiAamina Girls Hostel & Coordinator B.Ed. Programme
<b>Permanent Address</b>	Usamania colony Bagimehtab. House. No. 401. Pin. 190019 Srinagar.
<b>Teaching Experience</b>	12 years Experience till date (2024)
<b>Date of Birth</b>	05-06-1985
<b>E-mail</b>	<a href="mailto:aasiamaqboolku@gmail.com">aasiamaqboolku@gmail.com</a> , <a href="mailto:aasia_maqboolku@yahoo.com">aasia_maqboolku@yahoo.com</a> <a href="mailto:aasia@uok.edu.in">aasia@uok.edu.in</a>
<b>Contact</b>	09797275989

### 2. Academic Record

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<b>Degree</b>	<b>Year of Passing</b>	<b>Institution</b>	<b>Percentage of Marks</b>	<b>Subjects</b>
B.ED	2007	University of Kashmir	74.5%	Education.
M.ED	2008	----do----	70.1%	Education.
M.A( <i>Gold Medalist</i> )	2010	....do....	75.4%	Education
M.Phil.	2015	----do----	Grade 'A'	Education
Ph.D	2019	-----do----	Grade 'A'	-----do----

### 3. Academic Achievement

- Qualified **J&K-SET** in the subject of Education 2011.
- Qualified **UGC NET** in the subject of Education 2012.

### 4. Area of Specialization

- i. Psychological Foundation of Education.
- ii. Learning and Development.
- iii. Creativity and Education.
- iv. Mental Health and Hygiene.
- v. Early childhood Care and Education

<b>5. Dissertation work Ph.D.</b>	<i>“Self Esteem, Depression, Academic Anxiety and Academic Achievement of Orphan Adolescents in Kashmir Valley”.</i>
<b>6. Dissertation work M.Phil.</b>	<i>“Self Concept, Mental Health and Academic Achievement of Orphan and Non Orphan Adolescents in Kashmir valley”.</i>
<b>7. Dissertation work M.Ed.</b>	<i>“Adjustment Problems of Male and Female Post Graduate Students”</i>

### 8. Research work Guided and completed

- Guided twenty Student Projects of M.A/M.Ed Programme IGNOU.

### 9. Conferences/Seminars/Symposia/Workshops attended:

- i. Participated as Repporteur in two day ‘National Academic Workshop’ organized by the Department of Education (UOK). 18 Oct. 2012
- ii. Participated in one week training programme “**Innovations in Teaching and Teacher Behaviour**” in the Department of Education. (2012)

- iii. Delivered a lecture on **“Structure of Intellect”** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2012)
- iv. Delivered a lecture on **“Development of Curriculum”** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir. (2012)
- v. Delivered a lecture on **‘Quality control in Higher Education’** in 10 days’ workshop organized by the IGNOU in regional Center Srinagar. PGDHE(2012)
- vi. Delivered a lecture on **‘Concept of Curriculum’** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2012)
- vii. Delivered a lecture on **‘Concept of Motivation’** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2013)
- viii. Delivered a lecture on **‘Concept of Evaluation’** in 10 days’ workshop organized by the IGNOU at regional center Srinagar. PGDHE (2013)
- ix. Delivered a lecture on **‘Concept of Learning’** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2013)
- x. Delivered a lecture on **‘Concept of Reinforcement’** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2013)
- xi. Delivered a lecture on **“Sampling Technique”** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2014)
- xii. Delivered a lecture on **“Life Skills of Adolescence Stage”** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2014)

- xiii. Delivered a lecture on **““*Identification of Research Problem*”** in 10 days’ workshop organized by the IGNOU regional center Srinagar in the study center 1224p Department of Education, University of Kashmir.(2014)
- xiv. Delivered a lecture on **“*Steps of Research Proposal*”** in 10 days’ workshop organized by the IGNOU in regional center Srinagar. (2015)
- xv. Delivered a lecture on **“*Assessment, Evaluation and Programe Evaluation*”** in 10 days’ workshop organized by the IGNOU in regional Center Srinagar.(PGDHE) (2016)
- xvi. Delivered a lecture on **“*Skill of Stimulus variation*”** in a seven days’ workshop on “Micro Teaching” organized by Department of Education, University of Kashmir.(2011)
- xvii. Delivered a lecture on **“*Skill of Using Black Board*”** in a seven days’ workshop on “Micro Teaching” organized by Department of Education, University of Kashmir. (2012)
- xviii. Delivered a lecture on **“*Skill of Reinforcement*”** in a seven days’ workshop on “Micro Teaching” organized by Department of Education, University of Kashmir.(2013)
- xix. Delivered a lecture on **““*Integration of Skills*”** in a seven days’ workshop on “Micro Teaching” organized by Department of Education, University of Kashmir.(2014)
- xx. Delivered a lecture on **“*Skill of Set Induction*”** in a seven days’ workshop on “Micro Teaching” organized by Department of Education, University of Kashmir.(2015)
- xxi. Presented a paper on **“*A Study of Self Concept of Orphan and Non Orphan Adolescents*”** in ten days workshop organized by Govt. College of Education, M.A Road Srinagar. (2016)
- xxii. Member of Editorial Board of Insight Journal of Applied Research in Education (Peer Reviewed) Dept. of Education UOK. (2016)

- xxiii.* Presented a paper on “**Valuing Teachers**” in a one Day Seminar organized by Department of Education on eve of Teachers day. (Sep. 2017)
- xxiv.* Presented a paper on “**Education and Humanism**” in a one Day Seminar organized by Department of Education on eve of National Education Day. (11. Nov.2017)
- xxv.* Presented a paper on “**Innovation in Teaching English**” in three Day Seminar organized by RIE Bhopal. (Jan.2018)
- xxvi.* Presented a paper on “**Academic Achievement of Orphan and Non Orphan Adolescent-A comparative Study**” in the Ist international conference organized by Amar Singh College (Cluster University). (17<sup>th</sup> and 18<sup>th</sup> April.2018.)
- xxvii.* Presented a paper on “**Attitude of Higher secondary Teachers: A comparative Study**” in international conference organized by School of Education, Lovely Professional University, Punjab. (27<sup>th</sup> and 28<sup>th</sup> April.2018.)
- xxviii.* Delivered a lecture on “**Skill of Using Black Board**” in the one week workshop on “Enhancing teaching competencies through Micro Teaching” organized by Department of Education, University of Kashmir.(14<sup>th</sup> 20<sup>th</sup> July, 2018)
- xxix.* Participated and Presented a paper on “**Attitude of Pre Primary Teacher-A comparative Study**” in Two Day National Seminar on “Educational Reforms and Innovations- A Step to change” (12<sup>th</sup> and 13<sup>th</sup> Nov, 2018.)
- xxx.* Participated in the “ **Nai Talim, Experiential Learning Education in School & Teacher Education Curriculum (A Consultative Workshop)**” organized by Mahatma Gandhi National Council of Rural Education, Hyderabad in collaboration with Post Graduate Department of Education, University of Kashmir, Srinagar. (8<sup>th</sup> Dec. 2018.)

- xxxi. Participated in the one Week Workshop on “**Methodology Using SPSS and AMOS**”. Organized by Department of Humanities & Social Sciences NIT Srinagar (8<sup>th</sup> – 12<sup>th</sup> Feb. 2020)
- xxxii. Participated in Webinar entitled “**Marketing in Post-COVID world**” Organized by Department of Humanities & Social Sciences NIT Srinagar (3<sup>rd</sup> June. 2020)
- xxxiii. Presented a paper on “**Educational Philosophy of Iqbal: An Overview**” in the three day international seminar, organized by Iqbal Institute of Culture & Philosophy University of Kashmir, Hazratbal Srinagar.. (4<sup>th</sup> to 6<sup>th</sup> March.2020.)
- xxxiv. Participated as the chairperson of session in One Day National Conference on “**Migration: Global and Local Perspective**” Addressing Complex Crisis in the 21<sup>th</sup> Century organized by Department of Management Studies. University of Kashmir. Sponsored by ICMR. (11<sup>th</sup> March 2020)
- xxxv. Participated in One Day Webinar on Teacher Education on eve of celebration of teacher’s day organized by Department of Education. University of Kashmir. (5<sup>th</sup> Nov. 2020)
- xxxvi. Participated as Rapporteur in one day Seminar/Webinar on **The Implementation of National Policy 2020** in U.T of Jammu and Kashmir. Jointly organized by the Department of Education (UOK) and School of Education, Central University of Kashmir. (25<sup>th</sup> Nov. 2020)
- xxxvii. Participated in the one Week Workshop on “**Research Methodology**”. Organized by Department of Humanities & Social Sciences and Management NIT Srinagar (23<sup>rd</sup> – 27<sup>th</sup> August. 2021)
- xxxviii. Participated in one day awareness cum orientation programme on ‘New Education Policy, 2020’ organized by CBCS/NEP Cell, University of Kashmir for Academic Counselors on 4<sup>th</sup> August 2022 at University of Kashmir.

- xxxix.* Participated in two day workshop (Training of Trainers) on ‘National Education Policy, 2020’ organized by CBCS/NEP Cell held on 17<sup>th</sup> and 18<sup>th</sup> October, 2022 at University of Kashmir.
- xl.* Participated in two day Capacity Building workshop on Prevention of Sexual Harassment at Workplace (POSH) organized by Internal Complaints Committee (ICC), University of Kashmir, on 31<sup>st</sup> and 1<sup>st</sup> Nov. 2022.
- xli.* Presented a paper titled “Awareness of College Teachers towards NEP-2020” in Two Day National Conference on Implementation of NEP 2020 in Higher Education Institutions Held on 1<sup>st</sup> and 2<sup>nd</sup> March 2023.
- xlii.* Delivered a lecture on Skill of Using Black Board in Seven Day Workshop on “Developing Competencies among Prospective Teachers through Micro Teaching. 2023. Dept of Education UOK.
- xliii.* Chaired Conference Session on “Trending Research Dimensions” in Two Days National Conference Changing Dimensions of Scholarly Communication and Role of Libraries to Attain Inclusive Knowledge Society. September 6-7, 2022. Dept. of Library Science UOK
- xliv.* Presented a paper titled “Role of Education in Women Empowerment: Issues and Challenges” in one Day National seminar on “Women Empowerment in J&K: Reflections from Ancient Knowledge Traditions’ organized by School of Education, Central University of Kashmir, Ganderbal J&K on 9<sup>th</sup> March 2023.
- xliv.* Presented a paper Titled “Exploring the Educational Injustices and Inequity countered with practice of Diverse Strategies of Educational Leaders”. In one day National seminar ‘Teachers: Reorienting the Societal Consciousness towards Human Values’ on eve of teachers Day Celebration 5<sup>th</sup> Sep 2022. Celebrated and organized by Dept. of Education UOK.

- xlvi. Delivered a lecture as a Resource Person for three days State level Management Development Programme for Doctors and Nursing Professionals organized by Department of Hospital Administration SKIMS and Academy of Hospital Administration, India w.e.f 7-6-2023- to 9-6-2023 Sher-i-Kashmir Institute of Medical Sciences (SKIMS), Soura Srinagar.
- xlvii. Presented a paper in seven Days workshop on Building Bridges: Fostering Mental Health and Inclusion in Education organized by Department of Education, University of Kashmir. India w.e.f 26-9-2023- to 05-10-2023.
- xlviii. Presented a paper in two Days on National Policy 2020 and Higher Education: Implimentation, Accomplishments and Road Ahead organized by NEP Cell, University of Kashmir. India w.e.f 26-9-2023-to 05-10-2023.
- xlix. Delivered a lecture as a Resource Person for one week National Workshop on “Building Pedagogical Competencies among School Teachers organized Department of Education, University of Kashmir. India w.e.f 20-12-2023-to 29-12-2024.
1. Delivered two lectures as a Resource Person for two weeks NEP Sensitization Programme for various Higher Education Institutions organized by MMTRC University of Kashmir. India w.e.f 01-02-2024-to 14-02-2024.
- li. Delivered a lecture as a Resource Person for two weeks NEP Sensitization Programme for various Higher Education Institutions organized by MMTRC University of Kashmir. India w.e.f 16-4-2024-to 29-04-2024.
- lii. Delivered a lecture as a Resource Person for one week National Workshop organized by Department of Education, University of Kashmir. India w.e.f 16-05-2024-to 22-05-2024.



*liii.* Participated in two weeks NEP Orientation and Sensitization Programme organized by MM-TTP University of Baroda, Vadodara from 01-04-2024 to 12-04-2024.

i. Delivered a lecture as a Resource Person in seven Days National Workshop on ‘Enhancing Effective Teaching skills among prospective Teachers through Microteaching Sessions’ organized by Department of Education, University of Kashmir. India w.e.f 13-11-2023-to 21-11-2023.

ii.

#### 10. Professional/ Orientation/ Refresher Courses attended

<b>Name of theCourse</b>	<b>Place</b>	<b>Duration</b>	<b>Sponsoring</b>
57 <sup>TH</sup> General Orientation Course	UGC Academic Staff College, University of Kashmir, Srinagar.	09-02-2012 to 10-03-2012	<b>UGC</b>
Three week Refresher course for Teacher Educators	UGC Academic Staff College, University of Kashmir, Srinagar.	08-03-2016 to 28-03-2016	<b>UGC</b>
Three week Refresher course in interdisciplinary	UGC Academic Staff College, University of Kashmir, Srinagar.	10 Dec2018 to ----	<b>UGC</b>
Refresher course (interdisciplinary)	UGC Academic Staff College, University of Kashmir, Srinagar	23 Dec2021 to January 5 <sup>th</sup> 2022	<b>UGC</b>
Refresher course (Multidisciplinary)	UGC MMTTC, University of Kashmir, Srinagar	January 31 <sup>th</sup> to February 13 <sup>th</sup> , 2024	<b>UGC</b>

## **11. Academic Counsellor IGNOU for the following courses:**

1. B.Ed. and M.Ed. Programmes (Department of Education, Kashmir University)

## **11 A. Academic Counsellor Directorate of Distance Education for the following courses:**

1. M.A and M.Ed. Programmes.

## **12. Research Papers Published:**

- i. Amina Parveen, Aasia Maqbool, “Adjustment Problems of Male and Female Post Graduate Students”. Year 2008, Vol.14 No.1 Pp No. 96 Insight, Department of Education (UOK) ISSN No.0975-0665.
- ii. Amina Perveen, Aasia Maqbool, “A Study of Male and Female Retirees in District Shopian and Pulwama on Different Areas of Adjustment”. Year 2012, Vol.17 No.1 Pp No. 73 Insight , Department of Education (UOK) ISSN No.0975-0665.
- iii. Aasia Maqbool, “A Evaluative Study of Sarva Shiksha Abhiyan (SSA) in Educational Zone Shadimarg- District Pulwama”. Year 2012, Vol.17 No.1 Pp No.159 Insight , Department of Education (UOK) ISSN No.0975-0665.
- iv. Aasia Maqbool, “Enrollment, Infrastructure and Qualification Of Teachers Primary Level in Tehsil Shangus”. Year 2012, Vol.33 No.1 Pp No.33-53 Inquiry An Educational Journal (Govt. College of Education) Srinagar ISSN.No.0974-8997.
- v. Aasia Maqbool and Sajad Ahmad, “A Study of Emotional Intelligence and Academic achievement of secondary school students in Ganderbal District- Kashmir” year 2014, vol.1Pp No.1-6 PENCIL Publication of Arts and Education . Available at: [www.pencilacademicpress.org/ppae](http://www.pencilacademicpress.org/ppae).

- vi. Aasia Maqbool “Profile of School Going and Non School Going Children in Education Zone Shangas ( Anathnag) Kashmir”.year 2012, Vol. Pp No. Researcher Marsland Press USA ISSN.No. 1553-9873.
- vii. An Evaluative Study of Anganwadi Centers in the Educational Zone Sopore. District Baramullah- Kashmir. World Rural Observations 2013; 5 (1): 6-15 ISSN:-19944-6543.
- viii.Aasia Maqbool “Perception of Anganwadi Workers and Parents in Education Zone Sopore District Baramullah Kashmir; A Case Study” World Rural Observations 2013; 5 (1): 13-21 ISSN:-19944-6543.
- ix. Aasia Maqbool and Akbar Sofi “To Study the Scientific temper and Academic Achievement of Science and Social Science Stream Adolescents in Educational Zone Dangiwacha District Baramulla Kashmir.” Vol.1 (5). Pp No. 44-47. Elite Research Journal of Education and Review. Year 2013. Available at:[www.eliteresearchjournals.org/erjer/index.htm](http://www.eliteresearchjournals.org/erjer/index.htm).
- x. Self-concept and Academic achievement of Govt. and Private Higher secondary students – District Baramullah Kashmir. World Rural Observations 2013;5 (1): 19-22 ISSN:-19944-6551.
- xi. Adjustment problem of Male and Female students at plus two level Arena Publications 2013; 5(2):26-29] ISSN 1553-992X
- xii. To study the Scientific Temper and Academic Achievement of social science and science stream Adolescents in Educational Zone Dangiwacha District Baramulla Kashmir .Elite Research Journal of Education and Review Vol -1 (5) PP.44-47- August -2013-[www.eliteresearchjournals.Org/erjer/index.htm](http://www.eliteresearchjournals.Org/erjer/index.htm).
- xiii.Academic Achievement of Rural and Urban Adolescent- A Comparative Study. Academic Arena 2013;5(2):(18-21)ISSN-1553-992 X

- xiv. A study of self concept of adolescent boys and girls in Zone Keegam of district Shopian. Journal of society in Kashmir. Department of sociology (UOK) vol. o6 2016.ISSn.No. 2249-667x
- xv. Academic Achievement of Orphan and Non Orphan Adolescents. Research Review Interdisciplinary Journal of Multidisciplinary. E-ISSN: 2455-3085 VOL.3 Issue.11 (Nov. 2018)
- xvi. Well- Being of Orphans: A Review on their Self Esteem Status. MEETAQ Peer Reviewed Multi-disciplinary Biannual International Journal of Humanities. Vol. IV, Issue: I, April 2018. ISSN 2395-132X.
- xvii. Academic Achievement of Orphan Adolescents in Kashmir Valley.. International Journal of Movement Education and Social Science Vol.07.issue 01. Jan-June 2018. ISSN: 2278-0793.
- xviii. Well-being of Orphans: A Review of their Academic Anxiety level. Insight Journal of Applied Research in Education. ISSN 0975-0665. Vol.24, No.1. 2019.
- xix. Spiritual Intelligence and Mental Health of Post- graduate students: comparison and correlation. Journal of Positive School Psychology 2022, Vol.6, No. 4, 116-126.
- xx. Study of different Dimensions of Mental Health of Institutionalized and Non Institutionalized Orphan Adolescents of Kashmir with Respect to their Residential Background. Journal of Education and Society. ISSN 2278-6864 Vol.45, No. 1 January –March 2022.
- xxi. Effect of Institutionalization on Mental Health of Orphan Adolescents. Journal Sampreshan, ISSN: 2347-2979. Vol.17, NO. 1 (2024): March

**13. DEVELOPMENT OF E-LEARNING DELIVERY PROCESS/MATERIAL**

<b>Title of the Content</b>	<b>Role</b>	<b>Agency</b>
The functions of Education Social cohesion and social progress.	Content Expert	<i>EMMRC University of Kashmir.</i>
Creativity – Meaning, Nature and Characteristics of a creative person	Content Expert	<i>EMMRC University of Kashmir</i>
Relationship between creativity and intelligence	Content Expert	<i>EMMRC University of Kashmir</i>
Adolescence- Psycho-Physical Characteristics	Content Expert	<i>EMMRC University of Kashmir</i>
Adolescence- Problems of Adolescence	Content Expert	<i>EMMRC University of Kashmir</i>
Adolescence- Role of Education	Content Expert	<i>EMMRC University of Kashmir</i>
Science of Teaching- Relation between Teaching & Learning, Factors affecting Teaching Process	Content Expert	<i>EMMRC University of Kashmir</i>
General Principles of Teaching, Maxims of Teaching, Fundamentals of Teaching	Content Expert	<i>EMMRC University of Kashmir</i>
Theories of Teaching	Content Expert	<i>EMMRC University of Kashmir</i>
Basic Education	Content Expert	<i>EMMRC University of Kashmir</i>
National Policy of Education 1986	Content Expert	<i>EMMRC University of Kashmir</i>
Revised National Policy of Education 1992	Content Expert	<i>EMMRC University of Kashmir</i>
National policies of education – their implications.	Content Expert	<i>EMMRC University of Kashmir</i>
Meaning, Nature and Need of measurement in education	Content Expert	<i>EMMRC University of Kashmir</i>
Concept of evaluation in education – relation between measurement and	Content Expert	<i>EMMRC University of Kashmir</i>

evaluation, norm referenced and criterion referenced tests.		
Characteristics of good measuring instruments, concepts of validity; methods of estimation	Content Expert	<i>EMMRC University of Kashmir</i>
Reliability: Methods of estimation, objectivity	Content Expert	<i>EMMRC University of Kashmir</i>
Educational Planning: Meaning, Need and Importance of educational planning	Content Expert	<i>EMMRC University of Kashmir</i>

## MOOC content

Theories of Development; Erick Erickson, Kohlberg  
Meaning and Definition of Psychology  
Theories of Intelligence  
Measurement of Intelligence  
Role of UGC in Higher Education  
Indian Education Commission (Hunter Commission 1882)  
Macaulay's Minute and Bentinck's Resolution  
Charter act 1813

## 14. Book chapters

1. **Case Studies of Institutionalized and Non Institutionalized Orphan Adolescent Girls.** In Women Empowerment and Emancipation By Amit Bhowmick & Muzamil Jan. Dalton Publishing House ISBN: 978-93-87631-25-0.
2. **Self-concept of Orphaned Non Orphan Adolescent Girls. A Comparative Study.** In Women& Empowerment; A Feminist Discourse. By Amit Bhowmick & Muzamil Jan. Serial Publications PVT. LTD. New Delhi. ISBN: 978-93-86611-84-0.
3. **Nutritional Status and Academic Achievement of School Children: A Review.** In Food for Heal. By Anamika Chauhan & Muzamil Jan. ABS BOOKS Delhi- 110086. ISBN: 978-93-94424-47-0 (2023)

4. **An Empirical Assessment of Mental of Secondary School Students:**  
In ‘Beyond the Surface Social Factors Shaping the Health’ ISBN: 978-93-5747-799-4. IMPRINT: IIP Iterative International Publishers.

### 15. Books

<p><b>1. A study of self-concept, Mental Health and academic Achievement of Orphan and non-orphan student.</b></p>	<p>Anchor Academic Publishing Hermanustal 119k 22119, Hamburg</p>	<p><b>2016</b></p>	<p>ISBN:978-3-95489-496-3.</p>
<p><b>2. Population Education</b></p>	<p>Dilpreet Publishing House. New Delhi</p>	<p><b>2015</b></p>	<p>ISBN:978-81-86762-89-9</p>
<p><b>3. Creativity and Education</b></p>	<p>Ane Books Pvt Ltd</p>	<p><b>2021</b></p>	<p>9789390-658930</p>

**16. Self Esteem Scale for Adolescents** Published by PSCHOMATRIX  
Neelkhant House, Ground Floor S-524, School Block Shakarpur, Delhi-110092

**17. Co PI of the on-going Project- A Study of Equity and Inclusion in Education of Gujjars and Bakerwal (Scheduled Tribes) of Kashmir Division**

**18. PI of the on-going Project - A Descriptive Study of Nutritional Status, Infrastructure and Educational Strategies of Orphanages in Kashmir.**

**Dr. Aasia Maqbool**  
*Assistant Professor*  
*Department of Education*  
*University of Kashmir*