

**Mrs Gazala Nisar**  
Assistant Professor  
Institute of Home Science  
University of Kashmir, Srinagar

### **CURRICULUM VITAE**

#### **Objectives:-**

- ✓ Strive for updating my knowledge and skills in accordance with the latest trends.
- ✓ Achieve an excellence in Teaching and Research.

#### **Academic Pursuits:-**

- Received **University Gold Medal** for securing **first position** in M.sc Home Science.
- Received **University Gold Medal** for securing **first position** in B.sc Home Science.
- Awarded **Dr.Gulam Mohi-ud-Din Falah-I-Aam Charity prize** for being the **Best Graduate** of the year 2001.
- **Gold medalist** in Higher Secondary Part II for **standing 1<sup>st</sup>** in the concerned stream.

#### **Scholarships Received:-**

- Received **University Research Scholarship** for securing **first position** in the merit list of M..phil entrance.
- Received **University Scholarship** for securing **first position** in M.sc Home science.
- Received **KUAA Scholarship** for securing **highest marks** in B.Sc examination for the year 2001.

## Academic Qualification

Examination Passed	Year Of Passing	Percentage	Position	Award	University/ Board	Subject
<b>M.phil</b>	2009	GRADE A			University Of Kashmir	Home Science
<b>M.Sc Final</b>	2003-04	72.57%	1 <sup>st</sup>	<b>Gold Medal</b>  <b>Merit Certificate</b>	University Of Kashmir	Home Science
<b>M.Sc Previous</b>	2002	73.57%	1 <sup>st</sup>		University Of Kashmir	Home Science
<b>B.Sc Final Year</b>	2001	77%	1 <sup>st</sup>	<b>Gold Medal</b>  <b>Merit Certificate</b>  <b>Best Science Graduate</b>	University Of Kashmir	Home Science
<b>B.sc 2<sup>nd</sup> Year</b>	2000	73.66%	1 <sup>st</sup>		University Of Kashmir	Home Science
<b>B.Sc 1<sup>st</sup> Year</b>	1999	72%	1 <sup>st</sup>		University Of Kashmir	Home Science
<b>Higher Secondary Part II</b>	1998	74.16%	1 <sup>st</sup>	<b>Gold Medal</b>  <b>Merit Certificate</b>	University Of Kashmir	Home Science

**Eligibility Qualification:-**

- Qualified the **UGC -NET** Examination for eligibility for lecturer ship held on 28<sup>th</sup> December, 2008 in the subject home science.
- Qualified **SET** Examination for eligibility for lecturer ship held on 4<sup>th</sup> November, 2007 in the subject home science.

**Research Work:-**

- Prevalence of diabetes amongst residents of Buchpora with specific reference to their dietary modification adopted.(M.sc dissertation) ,
- Birth weight of hospital delivered babies in Kashmir in relation to various correlating factors (M.phil thesis)

**Work Experience:-**

- Working as contractual Lecturer in the Institute of Home Science, University of Kashmir From 17<sup>th</sup> April 2008 till ending 2011.
- Worked as research fellow in the department of economics, University of Kashmir 2006.
- Taught the students of Project PPERA, institute of home Science, University of Kashmir 2006.

**Conferences and workshop attended:-**

- Participated in two day workshop on "Dietary Trends in Kashmir" held at university of Kashmir, Srinagar from 23<sup>rd</sup> - 24<sup>th</sup> March 2009.
- 4<sup>th</sup> J&K Science Congress , held from 12-14 November,2008 Organized by University of Kashmir in collaboration with JK State Council Science & Technology and DST, Government of India.
- 5<sup>th</sup> J&K Science Congress , held from 12-14 November,2008 Organized by University of Kashmir in collaboration with JK State Council Science & Technology and DST, Government of India.

- 6<sup>th</sup> J&K Science Congress , held from 2<sup>nd</sup> -4<sup>th</sup> December,2010 Organized by University of Kashmir in collaboration with JK State Council Science & Technology and DST, Government of India.
- Participated in a two day Seminar on "Health and Nutrition Education "from 7-8<sup>th</sup> March 2007 held at University of Kashmir, Srinagar.

### **Dissertations and Projects Guided:-**

Guided Dissertations of M.sc students of Home science, Institute of Home Science, University of Kashmir.

### **Accepted Publications:-**

- Prevalence of Diabetes mellitus amongst residents of Buchpora in the age group of 40years and above.(With specific reference to their dietary modification adopted).
- Effect of maternal age,gestational age and parity on the birth weight of normally delivered babies in Kashmir.*Indian journal of Physical Anthropology and Human Genetics*.Volume 28, No. 1-2, 2009,pp 205-212,Published by Serials Publications,ISSN: 0378-8156.
- A study on Birth Weight of Hospital Delivered Babies in Kashmir .*Journal of Indian Anthropologist* ,vol.41,1 Issue ,2011.
- A study of food purchasing habits among the families residing in Hazratbal area of Srinagar city. *International journal of Social Science Tomorrow*,1(9),1-6,(ISSN No. 2277-6168).
- A Study on the relationship of sex , monthly income, and maternal literacy on the birth weight of normally delivered Kashmiri Neonates.*International Journal of Social Science Tomorrow*, 1(7), 1-5.(ISSN no.2277-6168.)

### **Orientation Coures Attended**

- UGC sponsored General Orientation Course organized by Human Resource Development Centre, University of Kashmir held from 27<sup>th</sup> February 2017 to 27<sup>th</sup>March 2017.

**Personal Details**

Marital Status: Married

Language Proficiency: English,Urdu, Kashmiri.

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