

CURRICULUM VITAE

DR. AMINA PARVEEN

Name: Dr. Amina Parveen
W/O: Mr. Mudasir Ahmad
Designation: Associate Professor
Department: Department of Education
Permanent Address: Daulatabad, Nowpora, Khanyar, Srinagar Jammu & Kashmir (India) -190003.
Correspondence Address: Department of Education, University of Kashmir, Srinagar - 190006
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draaminaparveen@gmail.com
Present Status: Associate Professor, Department of Education, University of Kashmir, since 2019.

Education:

- Ph.D. in Education 2012, Kashmir University
- M.Phil. in Education; 2003, Kashmir University
- M.A.in education, 1999, Kashmir University
- UGC NET. 1999 (1st NET qualified candidate in J&K in Education)

Title of Ph.D. Thesis:

Effect of Counseling on the Need-achievement, Study Habits and Academic Achievement of Underachievers, (2012).

Title of M. Phil. Dissertation:

Effect of Individual Counseling on the Achievement of Underachievers, (2003).

Areas of Interest:

Psychological Foundations of Education
Guidance and Counselling
Special Education
Inclusive Education

Teaching Experience:

- **Contractual Lecturer** in the Department of Higher Education (J&K Govt.) for the session 2002.
- **Teaching Assistant** in the Department of Education, University of Kashmir, from 2003 - 2005.
- **Lecturer** in the Department of Higher Education (J&K Govt) 2006 to 2007.
- **Assistant Professor** in the P.G. Department of Education, University of Kashmir since 2007 till date.
- **Associate Professor** in the P.G. Department of Education, University of Kashmir since 2020.

Counsellor/Resource Person:

- Institute of Management Planning and Administration and Development (IMPAD) Srinagar. Since 2013.
- Directorate of Distance Education (DDE), University of Kashmir for M.A./M.Ed. (Education) Programme since 2005.
- Regional Centre Kursoo Rajbag (Srinagar) of Indra Gandhi National Open University (IGNOU), for M.A. (Education) and Post-Graduation Diploma in Higher Education (PGDHE) programme since 2010.
- Baba Ghulam Shah Badshah University, Rajouri J&K, Since 2014.

Research Experience:

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|---------------------------------|----|
| Ph.D. Awarded: | 06 |
| M.Phil. Awarded: | 03 |
| On compilation of Thesis (Ph.D) | 02 |
| Presently under guidance: | 05 |

Number of Citations: 94

Academic Counselor:

Academic Counselor in the Department of Education for the programme M.Ed. from 2014 to 2022.

Research Papers:

1. Parveen, A., & Jan, S. (2024). Parent-child conflict: A risk factor for substance abuse among adolescents. *Education Mind*, 3(1), 19-30. <https://doi.10.58583/Pedapub.EM2403>
2. Parveen, A., & Jan, S. (2023). Self-Regulated Learning Among College Students: Unraveling Gender And Locality Differences. *Journal for Re-Attach Therapy and Developmental Diversities*, 6(2s), 429-432. <https://doi.org/10.53555/jrtdd.v6i2s.2296>
3. Parveen, A., Zimik, P., Bashir, F., Ganie, A. (2023). Adolescent Mental Health, its Determinants, and Educational Interventions: A Review – Based Investigation. *Samdarshi*, 16 (1) 373-384.
4. Jan, F. & Parveen, A. (2023). Academic Resilience and Adolescent students. *International Journal of Innovative Science and Research Technology*, 8(1) 1722-1725. <https://ijisrt.com/assets/upload/files/IJISRT23JAN1630.pdf>
5. Parveen, A; Raja, W & Bhat, R. A, (2023). Parenting and Behavioural Deviance among Adolescents: A Descriptive Study. *Insight Journal of Applied Research in Education*, 26-27 (1) 134-141.
6. Parveen, A; Bhat, R. A. & Raja, W. (2023). Suicidal Ideation and Adolescents of District Pulwama. *Insight Journal of Applied Research in Education*, 26-27 (1) 96-100
7. Raja, W.& Parveen, A (2022). Prevalence of Behavioural Deviance Among Senior Secondary School Students. *Mazedan int. J. Of social sciences and humanities* 3 (2) 25-28. (Peer Reviewed).
8. Raja, W.& Parveen, A (2022). Behavioural Deviance and Perceived Parenting Style-A Study of North Kashmir. *International Journal of Innovative Science and Research Technology* 7(4) 266-270. <chromeextension://efaidnbnmnibpcjpcglclefindmkaj/https://ijisrt.com/assets/upload/files/IJISRT22APR1040.pdf>

9. Parveen, A., Bhat, R. A. & Raja, W. (2022). Perceived Parenting Style—A Correlate and a Predictor of Adolescent Suicidal Ideation. *Towards Excellence* (UGC-care-listed)14(3). 598-607.
<https://hrdc.gujaratuniversity.ac.in/Publication/article?id=10246>
10. Parveen, A; Jan, S. & Rasool, I. (2022). The inclusion of children with disability in the general education classroom: A study in Kashmir. *Journal of Education: Rabindra Bharati University* 23(1) 107-112. (UGC-care-listed-print)
11. Parveen, A; Jan, S; Bhat, R. A. & Rasool, I. Paradigm Shift in Teaching and Learning during Covid-19: Challenges and Opportunities. *Journal of Education: Rabindra Bharati University* 23(1) 120-127.(UGC-care-listed-print)
12. Bhat, R. & Parveen, A. (2022). Suicidal Ideation among adolescent students: a situation of a serious concern. *International Journal of Innovative Science and Research Technology* 7(4) 263-265. (Peer Reviewed) **DOI:** <https://doi.org/10.5281/zenodo.6496525>
13. Parveen, A; Jan, S; Rasool, I. & Tahir, S.I. (2022). Work From Home (WFH) during Covid-19: Perceptions of Researchers. *International Journal of Innovative Science and Research Technology* 7(4) 31-37. (Peer Reviewed) **DOI:** <https://doi.org/10.5281/zenodo.6461460>
14. Parveen, A.; Jan, S. & Gull, A. (2021). Exploring the Relationship between loneliness and self-Efficacy among Adolescent Students of Kashmir Valley. *Turkish Journal of Physiotherapy and Rehabilitation, (Scopus indexed journal)* 32 (3) 32412-32424. https://www.researchgate.net/publication/359993105_Exploring_the_Relationship_between_loneliness_and_self-Efficacy_Among_Adolescent_Students_of_Kashmir_Valley
15. Bhat, R. & Parveen, A. (2021). Prevalence of suicidal ideation among adolescent students of district Anantnag of Jammu and Kashmir. *Mazedan int. J. Of social sciences and humanities* 2 (7) 9-11.(Peer Reviewed). http://mdl.mazedan.com/search_details.php?id=283
16. Bhat, R. & Parveen, A. (2021). Psycho-social factors associated with suicidal ideation and completed suicide- A literature review *Vidyabharati International interdisciplinary research journal* (WOS indexed) 648-656. <https://www.viirj.org/specialissues/SP10/Part%202.pdf>
17. Parveen, A; Kour, S. & Jan, S. (2021). A Survey on the Study Habits of the Kashmir University Students: Comparison of the three streams of the subjects. *Flusser Studies. Multilingual Journal for Cultural and Media Theory (UGC Care Listed Journal), Vol.30,522-533.*<https://flusserstudies.org/archives/622>
18. Bhat, R. & Parveen, A. (2020). Factors Associated with Suicide and Suicidal Ideation: Literature Review. *Indian Journal of Adult Education, (UGC Care Listed journal) Vol.81(4), 51-57.*
19. Gull, A. & Parveen, A. (2020). Psychological Hardness and Its Correlates—A Review. *Sambodhi (UGC Care Listed Journal-print), Vol.43(1)265-272.*
20. Parveen, A. & Sadiq, H. (2019). Emotional Intelligence of Orphans and Children of Working Mothers- A Comparative Study. *Insight Journal of Applied Research in Education, 24(1), 280-290.*<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/http://education.uok.edu.in/Files/4f96dde9-9a35-46c7-9b3e-c80291ed5689/Journal/a60e8fb3-e34f-44ce-b560-1fcd1e72e0b8.pdf>

21. Kour, S. & Parveen, A. (2018) Academic Stress and Depression among Adolescent Students of Kashmir: An Investigation. *International Journal of Research, Culture and Society* 2(4), 291-295. <https://ijrcs.org/volume-2-issue-4-published-in-apr-2018/>
22. Qounsar, T. & Parveen, A. (2018). Prevalence of Anxiety Among Adolescents in Kashmir Division. *International Journal of Creative Research Thoughts* 6(1), 32-38. <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/> https://www.researchgate.net/profile/Aamina-Parveen/publication/339285240_Prevalence_of_anxiety_among_adolescents_in_Kashmir_Division/links/5e47a6b192851c7f7f3acd63/Prevalence-of-anxiety-among-adolescents-in-Kashmir-Division.pdf
23. Parveen, A. & Qounsar, T. (2018). The Role of Counselling Centers in Resolving Conflict. *International Journal of Advanced Educational Research*, 3(3), 67-73. <https://www.educationjournal.org/archives/2018/vol3/issue3/3-3-71>
24. Kour, S. & Parveen, A. (2018). A Comparative Analysis of Depressive Symptomatology among Adolescent Male and Female Students. *Journal of Advances and Scholarly Researches in Allied Education*, 15 (9), <http://ipublisher.in/p/57937>
25. Parveen, A. & Qounsar, T. (2018). Inclusive Education and the Challenges. *National Journal of Multi-disciplinary Research and Development*, 3(2), 64-68. <http://www.nationaljournals.com/archives/2018/vol3/issue2/3-2-61>
26. Parveen, A. (2017). Teacher as the Moulder of Students Personality- A scrutiny of Related Review of Literature. *Insight Journal of Applied Research in Education*, 22(1), 347-354. <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/> <http://education.uok.edu.in/Files/4f96dde9-9a35-46c7-9b3ec80291ed5689/Journal/8bdc7078-a1b5-4a34-bf80086f7fab5bc8.pdf>
27. Kour, S. & Parveen, A. (2016). Impact of Families Socio-economic Status on the Meritorious Performance of University Entrants. *Developing Country Studies* 3(3), 20-26. <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/> <https://www.iiste.org/Journals/index.php/DCS/article/viewFile/28051/28796>
28. Parveen, A. & Sadiq, H (2016). Mother: The Architect of Child's Personality. *Insight Journal of Applied Research in Education*, 21(1). <chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/> https://www.researchgate.net/profile/Syed-Amin-4/publication/321170536_INSIGHT_Journal_of_Applied_Research_in_Education/links/5a13169e0f7e9b1e572c9d5a/INSIGHT-Journal-of-Applied-Research-in-Education.pdf
29. Parveen, A. & Sadiq, H. (2015). Impact of Maternal Deprivation on Perceived Loneliness and Self-confidence. Role of perceived Loneliness in Leaving the Child at the Threshold of Low Self-confidence. *Research on Humanities and Social Science* 5(20) 16-23. <https://www.iiste.org/Journals/index.php/RHSS/article/view/26182/26848>
30. Parveen, A. & Rifat. (2013). Adjustment problems of adolescents in relation to their socio-economic status-A comparative study. *Educational research international, SAVAP international* 58(2), 91-96

31. Parveen, A & Maqbool, A (2013). Adjustment Problem of Male and Female Students at Plus Two Level. *Academia Arena* 5(2), 26-28 <http://sciencepub.net/academia/aa0502/>
32. Parveen, A., Noor-ul-Amin, S., & Nazir, S. K. (2013). Comparative Study of the Academic Achievement of 10th Class Boys and Girls Studying in Different High Schools of District Pulwama of (J&K). *Journal of Education Research and Behavioral Sciences*, Vol. 2(2), pp. 20-27. https://www.researchgate.net/publication/312197457_Comparative_study_of_the_academic_achievement_of_10th_class_boys_and_girls_studying_in_diferent_high_schools_of_District_Pulwama_of_JK/figures?lo=1
33. Puju, J. A; Parveen, A. & Bhat, S. A. (2012). Mental Health and Academic Achievement of Visually Impaired and Crippled Students. *Basic Research Journal of Education Research and Review*, 1(01).
34. Parveen, A., Malik, M. H., & Aziz, R. (2012). Emotional Intelligence and Academic Achievement of Male and Female Adolescent Students of District Budgam. *Journal of Education and practice*, IISTE3(15), 184-186. <https://www.iiste.org/Journals/index.php/JEP/article/view/3464>
35. Parveen, A. & Khan, M. A. (2011). Need-Achievement, Study Habits and Academic Achievement of Underachievers. *Insight Journal of Applied Research in Education*, 16(01).
36. Parveen, A. & Khan, M. A. (2011). Effect of Counselling on the Need-achievement and study habits of Underachievers. *Insight Journal of Applied Research in Education*, 16(01).

Books:

1. Education Part-I for B.A. Part I (Strictly based on syllabus prescribed by the University of Kashmir). *Kashmir Info Publications, J&K*, ISBN No. 81-904048-4-9: 2nd Edition: 2006.
2. Educational Philosophy and Indian Educational Scenario (for B.A. II Year); *Kashmir Info Publications, J&K*, ISBN No. 81-904048-5-7: 2nd edition 2006.
3. Fundamentals of Psychology—General and Social Psychology, Vol. I (for B.A. Ist. Year); *Kashmir Info Publications, J&K*, ISBN No. 81-904048-3-0: Revised Edition: 2008.
4. Fundamentals of Education Vol. I (for B.A.I Year); *Kashmir Info Publications, J&K*, ISBN No. 81-904048-2-2: Revised Edition: 2008.
5. Fundamentals of Education Vol. II (for B.A. II Year); *Kashmir Info Publications, J&K*, ISBN No. 81-904048-1-4: Revised Edition 2008.
6. Special Education (for M.Ed. Program); *Directorate of Distance Education, Kashmir University*. ISBN No. 978-93-82097-05-1: Edition 2012. http://egov.uok.edu.in/eLearningDistance/tutorials/8017_4_2015_171012102253.pdf
7. Inclusive Education. *Directorate of Distance education, University of Kashmir, Vol. 1*, 2016.
8. Special Education (M.A. Programme); *Directorate of Distance Education, Kashmir University*. ISBN No. 978-93-82288-81-7: Edition 2021. https://egov.uok.edu.in/eLearningDistance/tutorials/8126_2_2018_220314130115.pdf

Published Book Chapters:

1. Parveen, A. & Bhat, R. (2022) Inclusive Education: Perspectives and Problems. In *Research Oscillations*. pp. 57-70. ISBN: 978-93-93166-16-6
<https://socialresearchfoundation.com/booksview.php?id=504> (SCOPUS INDEXED)
2. Parveen, A., Dar, M. A., Rasool, I., & Jan, S. (2022). *Challenges in the Multilingual Classroom across the Curriculum*. In E. Charamba (Ed.), *Handbook of Research on Teaching in Multicultural and Multilingual Contexts* (pp. 1-12). IGI Global.
<https://doi.org/10.4018/978-1-6684-5034-5.ch001> (SCOPUS INDEXED)
3. Parveen, A., Jan, S., & Rasool, I. (2023). Cyberbullying Issues. In G. Sarı (Ed.), *Handbook of Research on Bullying in Media and Beyond* (pp. 456-472). IGI Global.
<https://doi.org/10.4018/978-1-6684-5426-8.ch027> (SCOPUS INDEXED)
4. Parveen, A., Jan, S., Rasool, I., Waseem, R., & Bhat, R. A. (2023). Self-Regulated Learning. In *Handbook of Research on Redesigning Teaching, Learning, and Assessment in the Digital Era* (pp. 388-414). IGI Global.
<https://www.igi-global.com/chapter/self-regulated-learning/323560> (SCOPUS INDEXED)

Published Book Reviews

- Parveen, A., Ganie, A., Bashir, F., (2023) Hurlock B. Elizabeth (1978). *Growth And Development: Tata McGraw-hill edition (India)*. IJRAR December 2023, Volume 10, Issue 4.

Research Project/s:

Implementation of Inclusive Education in Kashmir Province with Reference to Disability. Report Completed and submitted to NCERT (ERIC).

MOOCS

- Educational Psychology (04 credit course) prepared and completed in association with EMMRC Srinagar for SWAYAM.
- Guidance and Counselling (4 credit course) approved by the SEG for Academic Advisory Council (AAC), MHRD.
- Inclusive Education (4 credit course) approved by the SEG for Academic Advisory Council (AAC), MHRD.
- Re-launched Course Educational Psychology (04 credit course) prepared and completed in association with EMMRC Srinagar for SWAYAM.
- Revision/Up gradation of five year old MOOC titled Educational Psychology.

Seminars/Workshops/Conferences Attended:

- Participated in the three days short term workshop on Research Methodology from 28-03-2009 to 30-03-2009 organized by Academic Staff College, Kashmir University.
- Participated in a one-day seminar on Science Education on 25-03-2009 organized by Academic Staff College, Kashmir University.
- Attended and presented a paper on Redefining and Restructuring Teaching Profession in a two-day National Level Conference on Quality Teacher Education on 11th and 12th of May 2010, Govt. College of Education.

- Attended a Seven Day workshop on Micro-teaching and delivered a power point presentation on—Effectivity of Audio-Visual Aids organized by the Department of Education, Kashmir University, held on 01 Dec. 2011 to 03 Dec. 2011 and 07 Dec. 2011 to 10 Dec. 2011.
- Attended a Training Workshop on Leadership Skills as resource person with a presentation on—counselling and day to day problems organized by IMPA and Sponsored by DOPT, New Delhi, 07-09 December, 2011.
- Presented a paper—Maulana Abul Kalam Azad—An Indian Legend on National Education Day a seminar organized by the Department of Education, University of Kashmir Srinagar on 11 Nov, 2011.
- Attended a Training workshop on Management of Adolescent Problems as resource person with a presentation on—counselling adolescents organized by IMPA and Sponsored by DOPT, New Delhi, 18 July, 2012.
- Presented paper on “Diversity and Inclusive Education in Indian Scenario—Issues, Challenges and Prospects” Organized by UGC SAP (DRS-II), Dt. 16/02/2018.
- Attended Refresher Course on Teacher Education Organized by Human resource Development Centre (HRDC), 2016.
- Organized a One Day Workshop on Inclusive Education in the Department of Education, Kashmir University, Project Sponsored by ERIC (NCERT), August 2018.
- Participated in the webinar on Inclusive Education organised by National College for Teacher Education on 15 Oct. 2020.
- Presented a paper Titled “Challenges faced by teachers during online teaching amid Covid-19” on one day seminar- “Paradigm shift in teaching learning: challenges and way Forward” organised by Department of Education, University of Kashmir on September 9th, 2021.
- Presented a paper titled “Paradigm shift in education during Covid-19: Challenges & Opportunities” on the two day online annual conference of All India Association for Educational Research organised by B. J. B. College, Bhubaneswar on Dec. 25-26,2021.
- Presented a paper entitled “Suicidal Ideation: a gender-based perspective” on the women’s Day National seminar organised by School of education & Behavioural Sciences, University of Kashmir on Mach, 08, 2022.
- Presented a paper entitled “The Inclusion of Children with Disability in the General Classroom: A Study in Kashmir” on the Teacher’s Day National Seminar School of education & Behavioural Sciences, University of Kashmir on Sep., 05, 2022.
- Presented a paper entitled “Exploring the role of parents in boosting academic achievement of adolescents” on the Teacher’s Day National Seminar School of education & Behavioural Sciences, University of Kashmir on Sep., 05, 2022.
- Presented a paper entitled “Implementing Inclusive Education in Kashmir” in Seven day workshop on “Building Bridges: Fostering Mental Health and Inclusion in Education”. Organized by the Department of Education, University of Kashmir on Sept 27 2023.
- Presented a paper entitled “Relating Parent – child conflict and substance abuse-Exploring the Role of Universities in addressing the Menace” in the Two Day National Seminar on “Role Of Universities in Social Transformation” organised by Department of Sociology, University of Kashmir on June 05 2023.

- Presented a paper titled “Understanding the role of digital technologies in Class-room” in the two days multidisciplinary International Conference on “Digital Transformation in Education with ChatGPT/AI/Web Tools” organised by Library and Information Science, Economics, Humanities and Liberal Arts Department Rabindranath Tagore University on 17 Feb. 2024.
- Presented a paper titled “Experiential learning in context of NEP 2020: Challenges and Opportunities” in Two day ICSSR National Seminar on “Reconditioning Indian Tradition and Culture through NEP 2020: Multilingual, Multicultural and Multidisciplinary Educational Approaches” organised by Department of Lifelong Learning and Extension, Chhatrapati Shahu-Ji-Maharaj University, Kanpur on 01 March 2024.

Invited Lectures

- Delivered a lecture on “Teaching pedagogies in Association with Creativity –A way to foster learning” during a training programme on “Developing critical and creative thinking abilities among teachers” organised by Institute of Management Public Administration and Rural Development (IMPARD) on 25/01/2024.
- Delivered a lecture on “Skill of Reinforcement” in Seven day workshop on “Developing Competencies among Prospective Teachers through Microteaching (2023). Organized by the Department of Education, University of Kashmir on June 06 2023
- Delivered a lecture on “Skill of Reinforcement” in the seven day national workshop on “Enhancing Effective Teaching Skills among Prospective Teachers through Micro Teaching Sessions” Organised by Department of Education University of Kashmir on Nov 13 2023.
- Delivered a lecture on ‘Research Methodology and Statistics’ as a resource person in the extension lecture series for inculcation of research culture among students organised by Government College of Education (IASE) Cluster University, Srinagar on 28 Nov. 2022.
- Delivered a lecture on “Need and purpose of research in special education” in Five days refresher programme on "research methodology in the field of special education and disability rehabilitation" organised by RCI, New Delhi on 18 August 2022.
- Delivered a lecture on “Skill of Reinforcement” in the seven day national workshop on “Micro-teaching and General Orientation” Organised by Department of Education University of Kashmir on 18 April 2022.
- Delivered a lecture on “Skill of Lecturing” in the seven day national workshop on Micro-teaching Organised by Department of Education University of Kashmir on 29 Nov. 2021.
- Delivered a lecture on “Social cognition” in Two Weeks “Capacity Building Programme for Faculty members in Social Sciences” sponsored by ICSSR, organised by Central University of Kashmir on 26/04/2024.
- Delivered a lecture on “Psychological Changes: Cognitive development, emotional regulation and identity formation and teacher as a Counsellor” during a training programme on “Management of Adolescent Problems” organised by Institute of Management Public Administration and Rural Development (IMPARD) on 22/05/2024.
- Delivered a lecture on “Fall of Walls, Redefining the Boundaries of Traditional Classroom” in one week national workshop on “Designing dynamic learning experiences: Intersection of technology and pedagogy” Organised by Department of Education University of Kashmir on 21/05/2024.

Member

- Board of Under and Post Graduate Studies (B.A., M.A., M.Ed.)
- Career Counsellor of the Centre for Career Planning and Counselling (CCPC) University of Kashmir.
- Research Ethics Committee, Government College of Education (IASE) Cluster University, Srinagar.
- Committee constituted by the University of Kashmir, to discuss modalities in light of NCTE relaxation for admission to B.Ed. Programme.

Reviewer

- Cogent Education (Taylor and Francis)
- Journal of College Student Retention: Research, Theory & Practice (SAGE Journal)
- IGI Global: Publisher of Timely Knowledge
- ACADEMIA

Other Activities:

- External Examiner for Practice of Teaching (POT) of B. Ed programme, University of Kashmir from 2007 till date.
 - Project Supervisor in Post-Graduation Diploma in Higher Education (PGDHE), Indra Gandhi National Open University (IGNOU), for the session 2009 till date.
 - Expert lecturer/counsellor in Department of Education, Indra Gandhi National Open University (IGNOU), from academic session 2009 till date.
 - E-content previewer for designing e-content of undergraduate course in education from 2014 till date, Education of Multimedia Research Centre (EMMRC), University of Kashmir.
 - Time table coordinator for M. Ed programme since 2007 to 2019 in the Department of Education.
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