

CURRICULUM VITEA

PROFILE:

Dr. Manzoor Ahmad Rather

Address: Prang, Sonawari, Bandipora

Designation: Associate Professor

Department: Department of Education, School of Education and Behavioral Sciences, University of Kashmir, Hazratbal, Srinagar, 190001

Administrative Positions: 1) Coordinator, B.Ed. Department of Education, University of Kashmir (2019 to 2022).

2) Coordinator, Seminars / workshops (2016 onwards)

3) Coordinator Cultural activities (2023 onwards)

Contact No. 7006098266

E-mail: manzoorahmadrather004@gmail.com

Qualification:

PhD (2019) (Education),

Topic: Personality, Emotional intelligence, Value orientation and Self-actualization of Creative Writers

M. Phil (2014) (Education),

Topic: Personality Profile and Locus of Control of High and

Low Achievers

UGC.NET (Education) Dec 2012, June 2013, Dec 2013 UGC.SET (Education) August 2005, Sep 2013.

M.A (1998) (Education), from university of Kashmir

B. Ed (1997) University of Kashmir

Teaching Experience: Fifteen Years at University level

Teaching Specialization:

(at MA, MED, PhD, and BED Levels)

- 1) Psychological Foundations in Education
- 2) Creativity and Education
- 3) Mental Hygiene
- 4) Guidance and Counseling

Research Guidance:

(Ph.D)

Scholars:

(1) Jahangeer Ahmad Dar

Topic: Teaching Competence, Digital Literacy and Creative Teaching Attitude among Prospective Teachers of Kashmir Valley (Awarded)

(2) Altaf Ahmad Shiekh

Topic: Loneliness, Mental Health and Study Habits among College Going Students addicted to Social Networking Sites

(3) Owaise Jan Kirmani

Topic: Meta Cognitive Skills of Senior Secondary School Students in relation to their Locus of Control, Emotional Intelligence and Psychological Wellbeing

(4) Shivani Slathia

Topic: A Study of Emotional intelligence, Work life Balance and Job Satisfaction of College Teachers

(5) Humaira Shakeel

Topic: Techno Stress, Academic Resilience and Psychological Wellbeing of Students in Relation to Blended learning

(6) Mohd Rayees Bhat

Topic: Impact of Social Networking and Cyberloafing on Mental Health: Moderating Emotional intelligence among Undergraduate Female Students

(7) Imran Shafi Teli (Nowgam Shangus Anantnag)

Topic: Impact of Blended Learning on Teacher Student Relationship Quality, Self-regulated Learning Competencies, Student Satisfaction among University Students with reference to Central and South Kashmir.

Supervision:

Monitoring and supervision of Microteaching Sessions, Practice of Teaching (POT) and Internship of Teacher trainees

External Examiner:

Practice of Teaching (POT) Bed Programme

Research Papers:

- 1) **Rather. M.A & Khan M.A.** Creativity and Self-actualization: A Comparative Study on Self- actualization of Creative Writers. *NIU International Journal of Human Rights, Noida International University, 2021, 8(XV).2021*
- 2) **Rather. M.A & Khan M.A.** Value Orientation and self-actualization: A Co relational Study on the factors of Value Orientation and self-actualization of Creative writers. *The journal of Oriental Research Madras, The Kuppaswami Sastri Research Institute, 2021, XCII-LXX*
- 3) **Rather. M.A & Khan M.A.** A study of relationship between the factors of personality and self-actualization of creative writers (Journal of Education, Rabindra Bharati University, *Department of Education, Rabindra Bharati University, Kolkata,2021, XXIII, No.7(1),2021, pg 174-182*
- 4) **Rather. M.A & Khan M.A.** Creativity and Emotional Intelligence: A Comparative Study on Emotional Intelligence of Creative writers (Research Review International Journal of Multidisciplinary, 2020 Vol.5,Issue.5.ISSN No. 2255-3085
- 5) **Rather M.A & Khan M.A.** Creativity and Value Orientation: A Comparative study on Value Orientation of Creative Writers (*Research Review International Journal of Multidisciplinary, 2020 Vol.5Issue.6 ISSN No. 2255-3085*
- 6) **Rather M.A & Khan M.A.** A Study on Relationship between the factors of Value Orientation and Emotional Intelligence of Creative Writers (*Scholarly Research Journal2020Vol.7ISSN2278-8808*
- 7) **Rather M.A & Khan M.A.** A Study on Relationship between Personality and Emotional Intelligence of Creative writers, *The International Journal of Indian Psychology, (2020) Vol.8, Issue3, ISSN 2349-3429*
- 8) **Khan M.A & Rather M.A.** A study on Personality profiles and Academic Achievement of high and low achievers, *International Journal of Multidisciplinary Educational Research, 2015 Vol.4.no.9 (3)110-130 ISSN no.2277-7881)*
- 9) **Khan M.A & Rather M.A.** Locus of Control of High and Low Achievers, *Journal of Applied Research in Education (JARE) Department of Education, vol.18 No.195-103 ISBN0975-066)5*
- 10) **Rather M.A & Bhat Z.A.** A comparative study on Self- Concept of Male and Female College Students of District Ganderbal (*International Journal of Multidisciplinary Educational Research, 2015 Vol.4.no.9 (3)9-18 ISSN no.2277-7881)*
- 11) **Rather M.A. & Majeed. S.**A Comparative Study on Job Satisfaction of High and Low Qualified Rehbari-Taleem Teachers of District Bandipora (*Scholarly Research Journal for Interdisciplinary Studies (2015, Vol 3/20 866-877 ISSN NO. (2278-8808)*
- 12) **Rather M.A.** Towards making Education more Relevant, *Journal of Applied Research in Education (JARE) Department of Education, 2011vol.16 No1 .173-174 ISBN0975-0665)*
- 13) **Rather M.A.** Towards making teaching more effective (*Journal of Applied Research in Education (JARE) Department of Education, 2012 vol.17 No1 .223-22s6 ISBN (0975-0665)*

- Nature, meaning and factors of learning (Dated 2019)
- Operant Conditioning, basic Phenomena and Educational implications (2016)
- Trial and Error Learning, Phenomena, Educational implications (2014)
- Motivation, types and theories, techniques to enhance motivation (2016)
- Classical Conditioning, basic phenomena and educational phenomena (2014)
- Attention and factors leading to attention (2016)
- Perception, laws of perception and subjective/objective factors of perception
- Lecture Method, and advantages/disadvantages (2016)
- Demonstration Method (2017)
- Programmed Instruction, characteristics, educational implications (2017)
- John Dewey as an Educational Thinker (2016)
- Gopal Krishna Gokhale Philosophy, Political and Educational Contribution (2017)
- Story Telling, advantages/disadvantages (2017)
- Learning and Maturation (2017)
- Attitude, factors affecting attitude (2016)
- Insightful learning, Educational Implications (2016)
- Attention, subjective/Objective factors (2016)

MOOCs Contribution:

A (Course Effective Decision making)

- Decision making in relation to Problem solving (2018)
- Decision making in relation to Creativity (2018)
- Principles of decision making, quick decision making and Herbert Simons Decision making Model (2019)
- Blocks in problem solving (2019)
- Problems in decision making (2019)
- Developing competencies and skills required for effective decision making (2019)
- Discovering the Real self v/s Ideal self, Self-esteem and Self-actualization (2019)
- Psychological explanation of Self- Carl Rogers's theory and Abraham Maslow's Theory (2019)
- Creating a healthy acceptance of self (2021)
- Workplace Discrimination (2019)
- Psychological explanation of self-Alfred Adler and S. Freud's Theory of Self (2019)
- Learning to connect the Self to Vocational choices/career (2019)
- Handling Difficult People and finding solutions to handle Difficult people (2019)

B (Course: Educational Psychology)

- Two factor theory of Intelligence (2019)
- Group factor theory of Intelligence (2019)
- Multifactor theory of Intelligence (2019)

C (Course: Psychology of motivation and learning):

- Personal and Environmental factors of Motivation

- Major Psychological Motives, Achievement, Affiliation and Power (2021)
- Theory of Motivation by McDougall (2021)
- Achievement Motivation Theory by McClelland (2021)
- Theory of Motivation by Alfred Adler (2021)
- Factors affecting learning: Personal and Environmental (2021)
- Social Learning Theory of Motivation by Albert Bandura (2021)
- Role of a teacher in Maximum transfer (2021)
- Robert Gagne's Hierarchy of learning (2021)

D (Course: Psychology of Individual differences) (2023)

- Psychodynamic Approach to Personality
- Phenomenological Approach to Personality
- Humanistic Approach to personality
- Type Approach to personality
- Trait Approach to personality
- Theory of Multiple Intelligence
- Emotional Intelligence
- Triarchic Theory of intelligence
- Jean Piagetian model of Intelligence
- Intellectually Gifted
- Concept and Process of motivation
- Intrinsic and extrinsic motivation
- Self- determination theory of Motivation
- Cognitive Approach to Motivation
- Fostering Creativity
- Brainstorming Technique of creativity
- Creative Problem solving
- Role of Teacher in developing creative Thinking
- Educational Implications of Individual Differences
- Areas of Individual Differences
- Concept and Determinants of Individual Differences

Workshops attended:

- **56th General orientation course at Human**

Organized by Academic Staff College University of Kashmir from 25-11-2011

- **Seven day workshop on research methodology**

Organized by Directorate of Distance Education (KU) from 16-2-2015 to 22-2-2015

- **Three Week Special Winter School Refresher Course (ID),**

Organized by Academic Staff College University of Kashmir, from 9-1-2017-28-1-(2017)

- **Three Week Special Refresher Course in Behavioral Sciences (ID**

Organized by Academic Staff College University of Kashmir from 9-1-2017-28(2017)

- **Two day National Academic workshop on, “Areas of Priority and Branches of Knowledge necessary for promoting school and College Education in the State”,**

Organized by Post Graduate Department of Education from 17-10-2012 to 18-10- (2012)

- **Seven Day Faculty Development Programme on Nai Talim, Experiential Learning and work Education in School and Teacher Education Curriculum**

Organized by Mahatma Gandhi National Counsel of Rural Education Department

(MHRD) & Post Graduate Department of Education University of Kashmir 23- 12-2018 to30-12-2018

- **One Week National Workshop on “Enhancing Teaching Competencies through Micro-Teaching’**

Organized by Department of Education, University of Kashmir, Srinagar14-7- 2018 to 20- 7-2018;

- **Seven day workshop on Microteaching for Teacher Trainee**

Organized by Department of Education, University of Kashmir, Srinagar 24- 11-

2021 to 2-12-2021 **Papers**

presented:

- 1) Attended Seminar Organized by Faculty of Education University of Kashmir (11-11-2011) on “National Education Day) and Presented the paper
“**Relevance of Education in the twenty1st Century**”,
- 2) Attended the Seminar on “Teachers Day” Organized by Faculty of Education University of Kashmir, and Presented the Paper
“**Teacher and the holistic Student development**”
- 3) Attended the International Seminar“**اشتراک و افتراک: اشتراک اور سائنس: اردو زبان اور سائنس**” Organized by Directorate of Distance Education (2018) and presented the paper **ایک مینے میں۔ ایک مطالعہ**
دماغی خلل ، خدشات و تعقظات نفسیاتی سائنس کے ” آئنے میں۔ ایک مطالعہ
- 4)Attended National Seminar Organized by Department of Education (KU) on ‘Educational Reforms and Innovations- A Step to Change (2018) and presented the paper:
“**ماننا آزاد کے تعلیمی افکار معاصر تقاضات: ایک مقالہ**”
- 5) Delivered on ‘**Creative Teaching in Classroom**’, in Five day Training programme for Lecturers in the subject of Education, organized by DIET Beerwah Budgam under SAMAGRA (16-2-2019).
- 6) Delivered on ‘**Skill of Stimulus variation** ‘in Seven day National Workshop
“**Development of Professional Competence among Teacher Trainees though innovative approaches (28-7-2019).**
- 7) Delivered on ‘**Reinforcement as a Technique of enhancing learning outcomes**’ in seven Day workshop on Microteaching18 (2012).
- 8) Delivered on ‘**Theories of Learning: A Comparative Analysis**’ in a workshop

- ‘Innovative Techniques in Teaching and Learning’ organized by IGNOU Regional Centre Srinagar(2012)
- 9) Delivered on ‘**Constructive Approach to Education**’ in a regional Workshop on “Extended Contact Programme for Learners enrolled in PGDHE” organized by IGNOU Regional Centre Srinagar(2015)
 - 10) Delivered on ‘**Psychological interpretations to the concept of Learning**’ in a regional Workshop on ‘Orientation to Major Subjects’ organized by IGNOU Regional Centre Srinagar(2015)‘
 - 11) **Presented Paper on ‘Promoting Social and Emotional learning for student wellbeing’(26-09-2023)** in Seven day workshop on ‘Building Bridges: Fostering Mental Health and Inclusion in Education’ organized by Department of Education, University of Kashmir.
 - 12) Presented a paper on ‘**NEP-2020 and Multidisciplinary Education- A Transition towards a student - centric pedagogy**’ (22-11-2023) in the National level Seminar ‘National Education Policy, 2020 and Higher Education: Implementation, Accomplishments and Road Ahead’ organized by National Education Policy (NEP) Cell, University of Kashmir, Srinagar.
 - 13) Delivered a lecture on ‘Skill of Set Induction’(14-11-2023) in ‘Seven Day Microteaching Workshop’ organized by Department of Education, University of Kashmir
 - 14) Delivered a lecture on ‘Skill of stimulus variation’(10-06-2023) in Seven day Micro teaching Workshop’ organized by Department of Education, University of Kashmir
 - 15) Presented a paper on ‘**Holistic Education and NEP-2020: A Framework**’ (26-11-2023) in the National Seminar on ‘NEP-2020:A guiding Lamp For making India Global Leader’ organized by Department of Education, Shri Rameshwar Das Agarwal Girls P.G College, Hathras
 - 16) Presented a paper on, **Capturing interest and attention among students through stimulus variation skill**’ (27-12-2023) in National workshop on ‘Building pedagogical competencies among school teachers’ organized by Department of Education, University of Kashmir
 - 17) Presented a paper on, **New Education Policy 2020: A Comparative Study with Special Reference to Previous Policy of 1986**’ (14-2-2024) in JICE-Jamia International Conference on Education, 2024 on the Theme ‘Transforming Indian Education Post NEP-2020: Connecting to the Past-Targeting at the Future’ organized by Department of Teacher Training and Non-formal Education(IASE), Faculty of Education, Jamia Millia Islamia New Delhi
 - 18) Presented a paper on, **Impact of Digital Technology and Online Learning Addiction on Mental Health: A Psychological Review with Special Reference to NEP-2020**’ (15-2-2024) in JICE-Jamia International Conference on Education, 2024, on the Theme ‘Transforming Indian Education Post NEP-2020: Connecting to the Past-Targeting at the Future’ organized by Department of Teacher Training and Non-formal Education(IASE), Faculty of Education, Jamia Millia Islamia New Delhi
 - 19) Delivered a lecture on “TOOLS OF DATA COLLECTION, INTERVIEW/ QUESTIONAIRE” in the National Workshop on Research Methodology” ON 20-3-2025,organized by Department of Education, UOK
 - 20) Presented a paper on “ALINING THE NATIONAL EDUCATION POLICY 2020 WITH SUSTAINABLE DEVELOPMENT GOALS : A PATHWAY TO INCLUSIVE AND QUALITY EDUCATION IN INDIA” in the National Conference “Educate ., ELEVATE, EMPOWER , AISHABAI National Conference on learning - 2024" with the theme, Empowering education: realizing THE goals OF NEP 2020 organised by AISHABAI COLLEGE OF EDUCATION, AFFILATED TO S.N.D.T WOMENS UNIVERSITY MOMBAY, dt: 16-04-2024

21) Presented a paper on 'inclusive pedagogies in teacher education: A systematic review of literature' in the National Conference "Educate ., ELEVATE, EMPOWER , AISHABAI National Conference on learning - 2024" with the theme, Empowering education: realizing THE goals OF NEP 2020 organised by AISHABAI COLLEGE OF EDUCATION, AFFILIATED TO S.N.D.T WOMENS UNIVERSITY MOMBAY, dt: 16-04-2024

Chapters in books:

A. Prepared Course Material for (B. Ed) Directorate of Distance Education University of Kashmir, 2019)

Chapters include:

- 1) Philosophical and Sociological foundations of Guidance
- 2) Psychological foundations of Guidance
- 3) Relevance of Psychological and Personality tests in Guidance
- b. CONTRIBUTED Chapter" Digital Technologies and Online Learning Addiction impact on Mental Health Artificial for the book " intelligence and Digitization in Education, compiled by Aerum Khan and Jasim Ahmad, published by Shipra Publications, Pargang, Delhi 110092, India with ISSN- NO. 978-93-91978-48 , RELEASE DATE:01-01-2025

Projects :(MOOCs)

- 1) **Psychology of Learning and Motivation**(Approved 2020 and launched on 6th October 2021)
- 2) **Psychology of Individual Differences**(Approved 2021, in process)

Programmes Organized:

- 1) Organized 'Microteaching workshop for seven days' from 27-11-2014 to 4-12- 2014
- 2) Organized ' Teachers Day' on (12-9-2014)
- 3) Organized 'One day Legal Awareness Programme' (15-9-2018)
- 4) Organized 'National Education Day programme' (12-11-2018 to 13-1-2018)
- 5) Organized 'Two Day Lesson planning cum Internship Seminar'(16-7-2019 to 17- 7-2019)
- 6) Organized One Day Seminar on "Paradigm Shift in Teaching & Learning:

Challenges and way Forward" on the eve of Teachers Day Celebrations (9-9-2021)

- 7) Organized one day National Seminar cum Webinar o the implementation of National E education Policy the UT of Jammu & Kashmir (25-11-2020)
- 8) Organized '7 day workshop on Microteaching for B.ed students' (24-11-2021 to 2- 12-2021)
- 9) Organized one day Seminar on "Drug Addiction, mental health and the Struggle in between: A help needed' (23-12-2021)
- 10) Organized one day seminar on " Gender Equality: Debates and Discourses" on the eve of Women's day celebrations' (8-3-2022)
- 11) Organized an Extension lecture on 'National Education Policy 2020- Implementation and Prospects' (1-7-2021)

- 12) Organized Teachers Day with the theme, **Constructivism and Educational Practice: A Paradigm shift in Teaching and Learning** (5-9-2023).
- 13) Organized National workshop(20-12 2023 to 29-12-2023) on **'Building pedagogical competencies among school teachers'** organized by Department of Education, University of Kashmir
- 14) Organized Seven day National Workshop on , **Enhancing Effective Teaching Skills among Prospective Teachers Through Micro teaching Sessions** 13-11-2023 to 21-11-2023' organized by Department of Education, University of Kashmir

Dr. Manzoor Ahmad Rather -