*Brief CV*

# Dr. Saima Farhad


## MA (Social Work), PhD

## M: 9622543939, Email: saimafarhad@uok.edu.in


| **Designations/Work Profiles** | |
|---|---|
| • Associate Professor | Department of Social Work, University of Kashmir<br>• Responsibilities: Teaching and Research, Departmental activities like organizing seminars, workshops, and research related departmental work |
| • Member | Institutional Complaint Committee (ICC), University of Kashmir<br>• Responsibilities: Dealing with Sexual Harassment Cases, Gender Sensitisation |

| **Educational Qualification** | |
|---|---|
| • PhD | Tata Institute of Social Sciences (TISS), Mumbai, |
| • MA (Social Work) | University of Kashmir, Hazratbal, Srinagar |
| • BSc | Government College for Women, MA Road (University of Kashmir) |

**PhD Supervision:**

- PhD Guided: 8
- PhD Thesis Awarded: 3
- Ongoing: 5

| S. No | Name of Scholar | Topic (Submitted/Completed) | Status |
|---|---|---|---|
| 1 | Sumiya Din | Women Artisans of Kashmir: A Study of their Experiences and Livelihoods in Handicraft Sector | Awarded |
| 2 | Syed Wasifa Mehraj Kamili | Labour Migration: A Study of Migrant Construction Workers in Kashmir | Awarded |
| 3 | Insha Ashraf | Incarcerated Partners: A Study of Lived Experiences of Women with Imprisoned Spouses | Awarded |

**Projects**

- Completed: PI in Major Research Project on 'Healthcare of Elderly Population in J&K: Issues, Accessibility and Affordability'. Sponsored by ICSSR-IMPRESS (2019-2021)

- Completed: Co-PI in Major Research Project on "Migrant Lives and Urbanization in Politically Sensitive Areas: A Study of Kashmir and Manipur". Sponsored by ICSSR (2020-2022)
  s
- Completed: Co-PI in Major Research Project on Intangible Cultural Heritage of Kashmir, Sponsored by ICSSR, 2024
- Ongoing: Strengthening Recovery: Family as a Bridge to Community Reintegration for Individuals with Substance Use Disorder, Sponsored by ICSSR, 2026

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| **Select Publications (Research Papers and Chapters in Edited Volumes)** |
|---|
| • Humaira Showkat, Syed Touseefah Rafique, Syed Shubeena Yaqoob & Saima Farhad (2025), Rethinking Paternity: Understanding Father's role in the Dual career Family System, *Journal of feminist Family Therapy. DOI:10.1080/08952833.2025.2505268.* Taylor and Francis Journals |
| • Faryalla Farooq &Saima Farhad (2025) The Unseen Burden: exploring the lived experiences of mothers caring for individuals with substance use disorder, *Addiction Research and therapy,* DOI: 10.1080/16066359.2025.2542779. Taylor and Francis Journal |
| • Insha Ashraf, Saima Farhad & Arif Shafi (2025) Incarceration and COVID-19 in Kashmire: the Insecurities of families left behind, *Development in practice,* DOI:10.1080/0961 4524.2025.2581868. Taylor and Francis Journal |
| • Insha Ashraf & Saima Farhad (2023) Experiences of prison visitation by women: qualitative insights from Kashmir, *Journal of Offender Rehabilitation*, 62:6, 358-370, DOI: 10.1080/10509674.2023.2228788. Taylor and Francis Journal |
| • Insha Ashraf, Saima Farhad & Arif Shafi (2023) Experiences of Elderly Mothers of Prisoners of Kashmir, *Journal of Social Service Research*, 49:1, 15-22, DOI: 10.1080/01488376.2022.2156969. Taylor and Francis Journal |
| • Insha Ashraf & Saima Farhad (2022) Conflict linked incarceration of a family member: women and their experiences, *Journal of Offender Rehabilitation*, 61:1, 20-36, DOI: 10.1080/10509674.2021.2017383. Taylor and Francis Journal |
| • Syed Wasifa Mehraj & Saima Farhad (2023) Labour Migration: A Study of Lived Experiences of insterstate migrant workers in Kashmir. *Inclusive, Vol II, No 24.* |
| • Wani, I., Farhad, S (2022). The Kashmiri middle class and its everyday politics. In: Jha, M., Pushpendra (eds) *Beyond Consumption*. Routledge |
| • Ashraf, I., Farhad, S. (2021). Children's Experiences of Parental Incarceration. In: Baikady, R., Sajid, S., Przeperski, J., Nadesan, V., Rezaul, I., Gao, J. (eds) *The Palgrave Handbook of Global Social Problems*. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-030-68127-2_276-1 |
| • Farooq, T., Manzoor, S., Farhad, S. (2021). Negotiating with an Acquired Disability: Experiences of Elderly Women in Kashmir. In: Shankardass, M.K. (eds) Older Women and Well-Being. Springer, Singapore. https://doi.org/10.1007/978-981-16-4605-8_14 |
| • Edited Volume: Shazia Manzoor and Saima Farhad (2018). Ageing and Elderly Care. Jay Kay Books |

| **Select Workshops and Conferences**<br>(Participated in more than 50 workshops and conferences) |
|---|
| • Invited as Expert in the Conference on "Forging an interdisciplinary Dialogue on Ageing Research and Practice". 2023. Flame University, Pune |
| • Invited to Present a paper in "Winter School on International Migration", organized by *University of Eastern Finland, University of Iceland and Tata Institute of Social Sciences*, 2020 |
| • Invited to present a paper at the "Two Day International Conference organized by Erasmus School of History, Culture and Communication, Rotterdam and Tata Institute of Social Sciences, Mumbai", organized by Erasmus School of History, Culture and Communication, Rotterdam and Tata Institute of Social Sciences, Mumbai, 2019 |
| • Organised a National Conference on Ageing and Elderly Care at Department of Social Work in 2018, in collaboration with NISD |

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- Invited to Present a Paper in the Two Day National Seminar on 'Experiences, Aspirations and Struggles: New Middle Classes in Indian Cities'", organized by Tata Institute of Social Sciences, Mumbai, 2018

Dated: July 2026

Sd
Saima Farhad