

Curriculum Vitae

I. Personal Description

Name : Dr. Touseef Rizvi
Parentage : Dr. Shafi Rizvi :
Permanent Address : Arjumand Lane Qamarwari, Srinagar,
Jammu & Kashmir
Present Status : Working as Senior Assistant Professor on
substantive post in the Department of
Psychology, University of Kashmir
Telephone : Mobile +91-9906564040
E-mail : taorizvi@gmail.com

II. Academic Qualification:

| Course | Subjects | Year | %age | Div. | University |
|------------------|------------|------|-------|------|---------------------------|
| 10 th | General | 1989 | 62.6 | I | JKBOSE |
| 12 th | Science | 1992 | 64.6 | I | - |
| B.A. | Arts | 1996 | 70.30 | I | University of Kashmir |
| M. A. | Psychology | 1999 | 73.40 | I | Aligarh Muslim University |
| Ph.D. | Psychology | 2002 | - | - | Aligarh Muslim University |

III. Competitive Examinations:

| Programme | Subject | Year | %age | Institution |
|-----------|------------|------|-----------|---------------------------------|
| NET | Psychology | 2002 | Qualified | University Grants Commission |
| SET | Psychology | 2002 | Qualified | University of Jammu |

IV. Teaching Experience

| Designation | Classes Taught | Year | Duration | Institution |
|---------------------|----------------|-----------|----------|---|
| Sr. Asst. Professor | M.A. | 2002-2017 | 11 Years | P.G. Department of Psychology, University of Kashmir, Hazratbal, |

| | | | | |
|------------------------|-------|-----------|---------|---|
| | | | | Srinagar |
| Guest Faculty | M.sc | 2006-2009 | 3 Years | P.G. Department of Environmental Sciences, University of Kashmir, Hazratbal, Srinagar |
| Resource Person | M.Ed. | 2011 | 1 Year | Directorate of Distance Education, University of Kashmir, Hazratbal, Srinagar. |

V. Other Experience

- Worked as resource person in the workshop organized by DLL, University of Kashmir Srinagar at Pulwama.
- Worked as Assistant. Editor for Human Behavior: Journal of Applied Psychology
- Worked as member on Editorial Advisory Board, Kashmir Journal of Social Sciences.

VI. Corporate Activities

- Member of Editorial Advisory Board, Kashmir Journal of Social Sciences.
- Assistant. Director, DIQA, University of Kashmir, Srinagar.
- Nodal Officer, DIQA, University of Kashmir, Srinagar.
- Member Departmental Research Committee, Department of Psychology, University of Kashmir, Srinagar.
- Member PG Board of Studies, Department of Psychology, University of Kashmir, Srinagar.

- Member UG Board of Studies, Department of Psychology, University of Kashmir, Srinagar.
- Member Departmental Purchase Committee, Department of Psychology, University of Kashmir, Srinagar.
- Incharge Departmental Students Counseling Cell, Department of Psychology, University of Kashmir, Srinagar.

VII. Projects:

- Working as Principal Investigator on the project entitled “*Optimism and Coping as predictors of Post-traumatic growth: A study of cancer survivors*” funded by Indian Council of Social Science Research. New Delhi.

VIII. RESEARCH SUPERVISION

- Ph. D awarded: **2**
- Ph. D scholars presently enrolled: **3**
- M. Phil. awarded: **6**
- Supervised twenty-six Project works at P. G. Level in the Department of Psychology, University of Kashmir, Srinagar.

IX. Papers published

1. Rizvi, T. (2017). A Study of Relationship between Hopelessness and Coping in Cancer Patients. *International Journal of Indian Psychology*, 5(1).
2. Shams Un Nisa & Rizvi, T. (2017). Breast Cancer Patient’s Experience Of Post-Traumatic Growth: Relationship With Coping Strategies And Social Support. *International Journal of Advanced Research*, 5(10), 1826-1832.
3. Shams Un Nisa & Rizvi, T. (2017). Relationship of personality traits and coping strategies in cancer patients. *National Journal of Multidisciplinary Research and Development*, 2(3), 436-439.

4. Rizvi, T. (2017). Correlational study of guilt, shame, blaming others and symptom severity among persons with obsessive compulsive disorder. *International Journal of Advanced Research*, 5(11), 86-90.
5. Nabi, M. & Rizvi, T. (2017). Positive emotions and resilience as predictors of flourishing in women. *International Journal of Advanced Research*, 5 (11)143-151.
6. Sameena & Rizvi, T. (2017). Relationship of Post Traumatic Growth with Religious Coping and Optimism among breast cancer patients of Kashmir. *International journal of Indian psychology*, 4(4), 168-180.
7. Mumtaz, A. & Rizvi, T. (2016). Prosocial behaviour and Big Five Factor model of Personality: A theoretical review. *International journal of Indian psychology*, 4(1), 161-170.
8. Nabi, M. & Rizvi, T. (2016). Positive emotions and wellbeing. *Insight: Journal of applied research in education*, 21, 353-356.
9. Rizvi, T. (2016). A Study of Relationship between Hardiness and Psychological Well-Being in University Students. *International Journal of Advanced Research*. 4(11), 2340-2343.
10. Nabi, M., & Rizvi, T. (2016). Positive emotions and flourishing in married and unmarried women. *Research Expo: International Multidisciplinary Research Journal*, 6(5), 32-39.
11. Shams Un Nisa & Rizvi, T. (2016). Relationship of Social Support, Coping Strategies and Personality Traits with Post-Traumatic Growth in Cancer Patients.

- International Journal of Research in Economics and Social Sciences*, 6(2), 105-114.
12. Rizvi, T., & Jamal, S. R. (2016). Assessment of nature of traumatic stress among Kashmiri people living in high and low risk conditions *Journal of Indian Health Psychology* 11(1), 63-71.
 13. Shams Un Nisa & Rizvi, T. (2015). Influence of Social Support and Coping Strategies on Post-traumatic Growth in Cancer Patients. *International Journal of Research in Social Sciences*, 5(5), 422-434.
 14. Shafi, S., Shams Un Nisa., & Rizvi, T. (2015). The scenario of Domestic Abuse against women in Kashmir, India. *International Journal of Humanities and Social Sciences*. 20 (9), 9
 15. Shafi, S. & Rizvi, T. (2015). A study of perceived stress, Suicidal Ideation and Religiosity among young adults. *International Journal of Indian Psychology*, 3(1).
 16. Nabi, M & Rizvi, T. (2015). Relationship between positive emotions, adult attachment style and life satisfaction among adults. *Indian Journal of Positive psychology*. 6 (2), 182-185.
 17. Rizvi, T. (2015). Examining the relationship between Depression, Anxiety & Religious orientation in Kashmir University Students. *Int. Res. J. Social Sci.* 4 (5), 1-4.
 18. Bhat, S.A., & Rizvi, T. (2014). Self-regulation and emotional intelligence: Exploration of the relationship. *Global Academic Research Journal*, 2(2).

19. Rizvi, T., Hamid, N., & Shams Un Nisa (2014). Examining the relationship between depression and religious orientation among Kashmir university students. *Indian Journal of Health and Well-being*, 5(11), 1383-1385.
20. Shams Un Nisa., Shafi, H., & Rizvi, T. (2014). Stress and depression among mothers of children with mental retardation. *Indian Journal of Health and Well-being*, 5(8), 998-999.
21. Bhat, S. A., & Rizvi, T. (2013). Religious orientation and emotional intelligence among Muslim students. *Quest International Multidisciplinary Research Journal*, 2(2), 51-56.
22. Rizvi, T., & Beigh, S. (2013). A study of locus of control, anxiety and aggression among college students. *Humanities and social science studies*, 2(4), 69-74.
23. Shams Un Nisa., Shafi, S., & Rizvi, T. (2013). Emotional Intelligence and mental health among Kashmir university students. *Innovative Thoughts*, 1(1), 74-77.
24. Sami, A.U., & Rizvi, T. (2013). Emotional intelligence and personality traits as predictors of life satisfaction among aged persons. *Projournal of humanities and social sciences*, 1(1), 1-9.
25. Sami, A.U., & Rizvi, T. (2013). Emotional intelligence and personality traits as predictors of life satisfaction among adults. *Indian journal of positive psychology*, 4(3), 468-471.
26. Rizvi, T., Baba, O. F. (2013). Personality Type Aggression and Adjustment among Kashmir University Students. *Kashmir Journal of Social Sciences*. Vol. 6(1).

X. Seminars/Conferences/Workshops attended

1. One week workshop on information technology organized by UGC, on 16-03-2016.
2. Five Days Training Programme in the use of WHO formulated mhGAP Intervention guide from 16th to 20th September 2013 at Regional Institute of Health and Family Welfare, Dhobiwan, Tangmarg, in collaboration with Royal College of Psychiatry London, U.K.
3. Workshop on Assessment and Psycho diagnostics (One week), organized by Dept. of Psychology, University of Kashmir, 2011.
4. Refresher Course in Women's Studies (Three weeks) organized by Academic Staff College, University of Kashmir, 2011.
5. National Workshop on Research Methodology and Statistical Techniques organized by Dept. of Library & Information Science, University of Kashmir, March 14-16, 2011.
6. Workshop on Capacity Building of Women Managers in Higher Education organized by Academic Staff College, University of Kashmir, from 26th -30th May 2009.
7. General Orientation Course organized by UGC at Academic Staff College, University of Kashmir, dated 15th Feb to 14th March 2007.
8. Orientation Course in Clinical Psychology at All India Institute of Medical Sciences. New Delhi on 21st-24th Feb, 2001.

XI. PAPERS PRESENTED:

1. Presented paper titled ***“Influence of Religious Coping and Optimism on Post-Traumatic Growth: A Study of Breast Cancer Patients”*** at Indian Islamic Center, New Delhi.
2. Presented paper titled ***“Relationship of Self-Conscious Affect with Symptom Severity: a study of Obsessive-Compulsive Disorder patients”*** at ***“2nd International conference of Indian Academy of Health Psychology”***, organized by Gautam Buddha University, Greater Noida from 16-18 December, 2016.
3. Presented paper titled ***“Relationship of Hardiness and Psychological Well-being in University Students”*** at ***“3rd International and 5th National Psychological Congress”*** organized by National Association of Psychological Science from 28-30 September 2016.
4. Presented paper titled ***“A Study of Attention Deficit Hyper-Activity Disorder Children in relation to their Emotional and Behavioral Characteristics”*** at ***“11th JK Science Congress”*** organized by University of Kashmir from 12-14 Oct., 2015.
5. Presented paper titled ***“A Study of Relationship between Hopelessness and Coping Strategies in Cancer Patients”*** at ***NAPS Conference*** organized by University of Chandigarh, from 8-9 October, 2015.
6. Presented paper titled ***“Mental health and Resilience among Kashmir flood victims”*** at ***40th Annual Conference of Indian Psychiatric Society, North Zone*** at The Lalit Grand Palace, Srinagar from 3-4 October, 2015.

7. Presented paper at **9th JK Science Congress** organized by University of Kashmir, in collaboration with ISCA (Indian Science Congress Association) from 1-3 October 2013.
8. Presented paper at XXII Annual Convention at the National Academy of Psychology (NAOP) India, at Christ University Bangalore from 10-12 December 2012.
9. Presented paper titled **“Religiosity, Emotional Intelligence and Self-Regulation among Muslims”** accepted for presentation at **International conference on Human Development and Poverty: Alternative Conceptualizations and Measurement** organized by National Academy of Psychology (NAOP). Anand Gujrat on 12th – 14th December, 2011.
10. Presented a paper titled **“Stress and Coping among Caregivers of Elderly”** at **Indian Psychological Science Congress on Health Psychology and Rehabilitation: The Crises among Youth and Aged** organized by National Association of Psychological Science and Department of Psychology, P.G. Government College. Sector-46. Chandigarh on 12th –13th October, 2011.
11. Presented a paper titled **“A Study of Relationships between Perceived Stress, Suicidal Ideation & Religiosity among Kashmiri Muslims”** at **International conference on Concept of Psyche in Islam** organized by Department of Psychology, AMU, Aligarh on 26th—28th October, 2009.
12. Presented a paper titled **“Activities of Daily Living as Healing”** at **6th International, 37th IAAP and 3rd PPA Conference on Applied Psychology for**

World Peace and Prosperity, at Pope John Paul II College of Education, Pondicherry dated 5th-7th January, 2002.

13. Presented a paper titled “**Counseling for behavioral Problems in Children**” at *National Conference on Behavioral problems* in children organized by Rural Development Nilokheri. (Karnal) on 3rd -5th Feb.2000.