

Yasir Hamid Bhat

Assistant Professor, Department of Psychology

University of Kashmir

Hazratbal, Srinagar, J&K

Email: yasu8001@gmail.com

Mobile : +919864222243

EDUCATIONAL QUALIFICATION

1. Completed PhD from Centre of Social Medicine & Community Health, Jawaharlal Nehru University, New Delhi in “Experiences of Long-Term Illness in an Armed Conflict Area: A Study of Tuberculosis Patients in Kashmir” in 2015
2. Completed M.Phil from Centre of Social Medicine & Community Health, Jawaharlal Nehru University, New Delhi in “Sources of stress and its Effects on Mental health of BSF personnel: A Case Study from Jammu & Kashmir” in 2010
3. Completed MA in Psychology from University of Kashmir, Srinagar, Jammu & Kashmir.

TEACHING EXPERIENCE

1. Currently working as an **Assistant Professor** in Department of Psychology, University of Kashmir, Since April 22, 2017
2. Worked as an **Assistant Professor** at Amar Singh College, Srinagar with a specialisation in Psychology from January 2, 2017 to April 21, 2017
3. Served as the **Chairperson** for the Centre for Counseling at Tata Institute of Social Sciences, Guwahati
4. Worked as an **Assistant Professor** at Tata Institute of Social Sciences, Guwahati Campus from July 30, 2015 to December 21, 2018
5. Worked as a **Trainer** for Early Childhood Development at School of Vocational Education (SVE), TISS in partnership with All India Counsel for Technical Education from July 1, 2015 to June 30, 2018.

RESEARCH EXPERIENCE

1. Worked as a **Research Associate** for “Risks and Responses to Urban Futures: Integrating Peri-urban/urban Synergies into Urban Development Planning for Enhanced Ecosystem Service Benefits” from February 1, 2015 to August 31, 2015 conducted by University of Sussex
2. Worked as a **Research Associate** for “Structure & Organization of TB Services in the Urban Context in Shanghai and Delhi” from April 15 to July 14, 2015 funded by ICSSR Project, India-China Comparative Health Resource Centre in Institute of Chinese Study, New Delhi.
3. Worked as a **Research Consultant** for “District epidemiological profiling using data triangulation and develop a national database of HIV epidemiological data with the capacity to auto-generate district-level factsheets for

over 300 districts across India” from December, 2010 to September, 2011 conducted by Family Health International-360 (FHI-360).

4. Worked as a **Research Associate** for “Baseline study of Community Mobilization” from 11-12 months in between 2010 to 2013 supported by Bill and Melinda Gates foundation, in the Praxis Institute for Participatory Practices
5. Worked as a **Research Associate** for “Mapping Public Health Education Trainings in India: Institutions & Courses” from Dec. 2010 to March 2011 conducted by National Health Systems Resource Center (NHSRC), Ministry of Health and Family Welfare, New Delhi.
6. Worked as a **Principal Researcher** for “Reasons and Ramification of Stress among BFS Personnel” from April 2008 to July 2010 funded by Border Security Force Organization, Ministry of Home Affairs, Govt. of India.

PUBLICATIONS:

1. Book: *Stress Among Armed Forces: A Case of Rhetoric Vs. Reality*; Publisher: LAP LAMBERT Academic Publishing, Germany; ISBN No. 978-3-659-39311-2; Year: 2013
2. D. Sayini, D., Ahmed, Shafeef. & Bhat, Yasir. Hamid. (2018). The Counselling Journey-Challenges and Stress faced by Women Counsellors in Guwahati City. *International Journal of Movement Education and Social Science*, 7(2), 27-38.
ISSN (Print): 2278-0793 (Online): 2321-3779
Peer Reviewed: Yes
Impact Factor: 5.62
UGC Approved Journal (Index no: 41683)
3. Waldman, L.; Bisht, R.; Saharia, R.; Kapoor, A.; Rizvi, B.; **Hamid, Yasir.**; Arora, M.; Chopra, I.; Sawansi, K.T.; Priya, R.; Marshall, F. (2017). "Peri-Urbanism in Globalizing India: A Study of Pollution, Health and Community Awareness" *International Journal of Environmental Research and Public Health*, 14(980): DOI No. doi:10.3390/ijerph14090980
ISSN: 1660-4601 (for printed edition)
Peer Reviewed: Yes
Impact Factor: 2.101 (2016); 5-Year Impact Factor: 2.540 (2016)
Publisher: MDPI, Basel, Switzerland
4. Bhat, Yasir. Hamid. (2016). Conceptualizing Stress in Armed Forces: A Public Health Perspective. *Journal of Defence Studies*, 10(4), 5-29.
ISSN: 0976-1004(for printed edition)
Peer Reviewed: Yes
Publisher: Institute for Defence Studies and Analyses, New Delhi
5. Ahmed, Shafeef. & Bhat, Yasir. Hamid. (2016). Women in Displacement Camps: Towards a Comprehensive Framework for Social Work Education. *Social Work Journal Assam University, Silchar*, 6(1), 75-89.
ISSN: 0976-5484(for printed edition)
Peer Reviewed: Yes
Publisher: Social Work Department Assam University, Silchar

6. Majeed, Bhatt-Iqbal. & Hamid, Yasir. (2014). *Silent Screams: A Gender Analysis of Kashmir Conflict*. Social Work Journal Assam University, Silchar, 5(2), 77-86.
ISSN: 0976-5484 (for printed edition)
Peer Reviewed: Yes
Publisher: Social Work Department Assam University, Silchar

PAPER PRESENTATIONS

1. Presented a paper on “**Sources of Stress and its Effect on the Mental Well-Being of Border Security Force (BSF) Personnel**” under the conference theme of International Conference on Advances in Military Psychology: Soldier Preparedness organized by Defense Research and Development Organization (DRDO) & Defense Institute of Psychological Research (DIPR), Ministry of Defense, Govt. of India, New Delhi and National Academy of Psychology (NAOP), India, at Institute for Defense Studies and Analyses Complex, Rao Tula Ram Marg, New Delhi from March 10 to 12, 2011.
2. Presented a paper on “**Conceptualizing Stress Among Armed Forces: A Public Health Perspective**” under the theme of International Conference on Stress: Health, Society & Technology (ICONS-HST) organized by International Institute of Stress Management and Allied Science on April 20 and 21, 2011.
3. Presented a paper on “**Social Determinants of Long-Term Illness**” under the theme of National Seminar on Marginalized Sections & Inclusive Development: Issues, Challenges & Social Work Perspective“ organized by University Grants Commission, Centre for Advance Study, Department of Social Work, Jamia Millia Islamia, New-Delhi from October 11 to 12, 2012
4. Presented a paper on “**Armed Conflict, Gender & Long-Term Illness: A Study of Tuberculosis Patients from Kashmir**” under the theme Workshop on Creating Equalityorganised by Center for the study of Discrimination & Exclusion (CSDE), Jawaharlal Nehru University, New Delhi from November 29 to 30, 2012
5. Presented a paper on “**Identity & Marginalization: A case of Gujjars & Bakerwals of Jammu & Kashmir**” under the theme of 1st Indian Social Work Congress organized by National Association of Professional Social Workers in India & Department of Social Work, University Delhi from February 23 to 25, 2013
6. Presented a paper on “**Silent Screams: A Gender Analysis of Kashmir Conflict**” under the theme of International Seminar on Psychology on Trauma: Women & Children in Violent Conflict organized by Department of Psychology, JamiaMilliaIslamia, New-Delhi from March 13 to 14, 2013.
7. Presented a paper on “**Peri-urbanism in Globalising India: A Study of Pollution, health and Community awareness in Delhi/Gaziabad**” under the theme of MAGIC2015: Anthropology and Global Health: Interrogating Theory, Policy and Practice jointly organized by the European Association of Social Anthropologists (EASA) Medical Anthropology Network and the Royal Anthropological Institute (RAI) Medical Anthropology Committee, Sussex University. [Link: <http://nomadit.co.uk/easa/magic2015/authors.php5>.]
8. Presented a paper on “**Health Services System Issues in TB Control and Access to Healthcare in Armed Conflict Areas**” under the theme Dialogue on Strategies for TB Control: China and India organized by Center of Social Medicine and Community Health, School of Social Sciences, Jawaharlal Nehru University, New Delhi and Institute of Chinese Study (ICS), New Delhi from March 7 to 8, 2016.
9. Presented a paper on “*Women in Displacement Camps: A Case Study of Muslim Women of Hapachara camp, Assam*” on One day national seminar organized by *Department of Social Work, University of Kashmir on March 14, 2017*

10. Presented a paper “Curriculum on Child Protection: A Psychological Perspective” in 1st Two Day Consultative Workshop on “Developing Child Protection Curriculum” organized by Department of Social Work, University of Kashmir in Collaboration with Save the Children and UNICEF from November 14 to 15, 2017
11. Presented a paper “Conceptualizing Stress in the Armed Forces: A Public Health Perspective” in 1st Faculty Seminar on Kashmir Studies Contemporary Academic Discourses on Kashmir: Society, Culture and Politics organized by *Institute of Kashmir Studies (IKS), University of Kashmir* from December 27 to 28, 2017.
12. Presented a paper on “**The Counseling Journey-Challenges and Stress faced by Women Counsellors in Guwahati City**” on 2nd International Conference on Research Development in Arts, Social Sciences and Humanities organized by The Indian Council of Social Science Research (ICSSR), North-West Regional Centre, Punjab University Campus, Chandigarh (India) from April 8 to 9, 2018
13. Presented a paper on “**Health Service System Issues in TB Control and Access to Healthcare in Armed Conflict Areas**” in 13th Session of the Jammu and Kashmir Science Congress organized by University of Kashmir in Collaboration with J&K State Science, Technology & Innovation Counsel, Govt. of J&K.

WORKSHOPS ATTENDED

1. Attended a workshop on ‘Research Methods & Data Analysis’ from August 25 to 31, 2014 organized by Center of Social Medicine and Community Health, School of Social Sciences, Jawaharlal Nehru University, New Delhi.
2. Attended a workshop on ‘Military Psychology’ from March 10 to 12, 2011 organized jointly by Defence Research and Development Organization (DRDO) & Defence Institute of Psychological Research (DIPR), Ministry of Defence, Govt. of India, New Delhi and National Academy of Psychology (NAOP), India, at Institute for Defence Studies and Analyses Complex, Rao Tula Ram Marg, New Delhi
3. Attended a workshop on ‘The Politics of Inclusion: Textbooks as Site (PSDE)’ from March 11 to 12, 2011 organised by Programme for the Study of Discrimination and Exclusion (PSDE), School of Social Sciences, Jawaharlal Nehru University, New Delhi and Nirantar, Delhi.
4. Attended a workshop on ‘Research Methods & Data Analysis’ on October 24, 25, 31 October & November 1, 2009 organised by Center of Social Medicine and Community Health, School of Social Sciences, Jawaharlal Nehru University, New Delhi
5. Attended a Mutual Aid Workshop from August 25 to 27, 2006 organised by H.E.L.P, Foundation Jammu & Kashmir

TRAINING COURSES /WORKSHOP /CONFERENCES /SEMINARS /SYMPOSIA ATTENDED WITHOUT PRESENTATION

1. Attended a Refresher Course on "Gender Studies" organized by UGC-HRDC, Kashmir University from March 8 to 28, 2018
2. Attended ‘75th General Orientation Course organized’ by UGC-HRDC, Kashmir University from May 16 to June 12, 2017
3. Attended ‘1st Young Scholars Conference’ organized by Institute of Kashmir Studies (IKS), University of Kashmir from September 4 to 6, 2017.
4. Attended a ‘2nd Two Day Consultative Workshop on "Developing Child Protection Curriculum” organized by Department of Social Work, University of Kashmir in Collaboration with Save the Children and UNICEF from November 24 to 25, 2017.

AWARDS & RECOGNITIONS

1. Junior Research Fellowship in 2008 by Border Security Force, Ministry of Home Affairs, Govt. of India.
2. Maulana Azad National Fellowship(MANF) in 2009 by Ministry of Minority Affairs, Govt. of India
3. Certificate of Appreciation in 2011 for presenting best paper in International Conference on Advances in Military psychology: Soldier Preparedness
4. National Eligibility Test (NET) in 2013 by National Eligibility Test (NET)
5. State Level Eligibility Test (SET) in 2013 by University of Kashmir

RESEARCH SUPERVISION

1. Served as a Research Guide for M.Phil Scholar at Tata Institute of Social Sciences, Guwahati, Assam
2. Served as a Research Guide for students of Masters of Arts in Social Work with specializations in Counseling, Public Health, Livelihood and Social Entrepreneurship, Community Development, MA in Peace and Conflict Studies at Tata Institute of Social Sciences, Guwahati, Assam.
3. Served as a Research Guide for students pursuing M.A. in Psychology in 2017

MEMBERSHIPS

1. Board Member of Under-Graduate Studies, Cluster University, Srinagar, Jammu & Kashmir.
2. Associate Editor of “International Journal of Academic Research and Development”
3. Member of Departmental DIQA Committee
4. Member of Departmental Library Committee
5. Member of the Working Group on the Child Protection Curriculum, Department of Social Work, University of Kashmir

OTHER ACTIVITIES

1. Invited as a Panellist at the event of 1st Young Scholars Conference organised by Institute of Kashmir Studies, University of Kashmir.
2. Resource Person for “*Research Methodology Workshop*”, organized by Centre of Social Medicine and Community Health, Jawaharlal Nehru University, New Delhi, from January 22, 2018 to January 26, 2018.
3. Resource Person for “*Conflict and Mental Health*”, organized by Dean Social Work, Tata Institute of Social Sciences, Guwahati Campus, Assam, dated January 16, 2018.
4. Resource Person for Guidance on Dissertation, organized by Dean Social Work, Tata Institute of Social Sciences, Guwahati Campus, Assam, dated January 17, 2018.
5. Resource Person for “Qualitative Data Analysis”, organized by Dean Social Work, Tata Institute of Social Sciences, Guwahati Campus, Assam, January 17, 2018 to January 18, 2018.
6. Resource Person for “Epistemology, Ontology and Axiology”, organized by Dean Social Work, Tata Institute of Social Sciences, Guwahati Campus, Assam, dated January 19, 2018.
7. Resource Person for CSIR, UGC-NET 2015 Coaching Programme at Department of Social Work, Tezpur University, Tezpur Assam on 7th November, 2015.